Please rate yourself on your skill level in each area below.

- **3** = I feel confident and great about my skills in this area;
- 2 = I feel ok/so-so about my skill in this area;
- 1 = I do not feel confident that I have this skill or know this concept at all.)
- 1. I Value reading and writing for communication, learning, and pleasure
- 2. I Read intentionally for a variety of purposes, including to learn content, to understand a variety of perspectives, to critique, and to learn the writer's craft
- 3. I Understand the ways in which reading and writing inform and support each other
- 4. I Understand the ways that different aspects of rhetorical situations, especially how audience, purpose, occasion, and genre, influence communicative choice
- 5. I Engage in intellectual conversations about important issues, including personal, societal, and academic topics
- 6. I Evaluate arguments, considering their purposes, audiences, structure, methods of persuasion, evidence, and reasoning
- 7. I Write effectively in a variety of academic, civic, and workplace genres
- 8. I Revise writing rhetorically at all levels of meaning, from individual words to entire essays
- 9. I Examine and reflect on strategies, processes, tools, and practices for ongoing learning and development
- 10. I am inquisitive, motivated, and a self-directed learner.

In thinking about your readiness for college or the workforce, consider how you feel about the following items in thinking about your math and reading/writing/speaking skills.

Mark on the Continuum (using column at far right)

- **4** = You agree completely with the statement;
- **3** = You mostly or somewhat agree with the statement;
- 2 = You mostly or somewhat disagree with the statement;
- 1 = You completely disagree with the statement.)

College and Career Readiness in Math and Literacy	 I do feel prepared to read and write research. I feel prepared for the reading load college or work might have. I feel prepared to read a lot in my future. I feel I have the ability to do math well for college or my career. I feel have the reading skills to well in college or my career. I feel have the writing skills to do well in college or my career. I feel have the speaking and listening skills to do well in college or my career. I feel have the rhetorical skills to do well in college or my career. I feel prepared to write and read college level texts in any discipline. 	
	10. I can sit and read for hours if I need to study/read/review for a class or to learn information for the workplace.	
Communication Skills	11. I have good communication skills 12. I collaborate well with others 13. I can argue well in my major/interest/ subject.	
College Knowledge	 14. I know how to apply for college 15. I feel confident when I have to fill out forms or applications 16. I understand what office hours are for and how they work on a campus. 17. I feel confident about how to choose classes. 18. I understand how to study and meet deadlines for projects. 19. I am good at asking for help or support if I need it. 20. I know how to find support or resources if I need them. 	

	21. I think of myself as a self-starter.
	22. I am eager to learn new things.
Problem-Solving Skills	23. I am able to think for myself.
	24. I try to learn from my mistakes.
	25. I have good problem-solving skills
	26. I have a positive attitude about trying hard or new things.
	27. I am willing to listen and change my opinion if it makes sense to do so
	28. I am thoughtful about responding to a hard question. I give it thought be saying.
	29. I know how to support my opinions or research with valid evidence.
	30. I know what valid evidence is and what reliable sources are.
Self-Efficacy	31. I believe I can accomplish most anything with effort.
	32. I am sure I have the skills to succeed in college or a career.
	33. I have a good attitude most of the time.
	34. I push through even when learning is hard.
Life Skills	35. I try to apply my school or book learning to real-life applications

Scoring:

116-136: I have college and career readiness skills: resilience, fortitude, and motivation.

100-116: I have a fairly good attitude about myself and my skills, and I want to do well in the future.

80-100: I am anxious or nervous about my abilities and future, but willing to try new things.

60-80: I am working through the idea about my next steps after high school, but I could use some support, help, and guidance toward setting goals for myself for my future.

Below 60: I am not feeling knowledgeable or confident about my post-high school options.