

Associated Students, Inc. Board of Directors Assessment Report 2023-24

Background

Associated Students, Inc. (ASI) conducted assessment of their Board of Directors for the 2023-24 academic year to gauge the growth and professional development of its members over the course of the year. A pre/post survey was conducted to evaluate skills and abilities the experience of serving on the Board is intended to strengthen. 13 board members completed the pre-survey, and seven board members completed the post-survey.

The ASI Board of Directors serves as the official governing body of Sacramento State students. It is comprised of a variety of students elected by the student body during the spring semester. The Board meets regularly to discuss issues facing the student body. It includes five Executive Officers, a representative from each College, a representative for Undeclared Students, and a representative for Graduate Students. Elected members of the Board serve a term of one academic year contingent on their ability to meet and maintain all eligibility criteria to hold office.

Survey Data

- **I have the ability and skills to foster productive relationships.**
 - Pre-survey: 85% completely/mostly true
 - Post-survey: 100% completely/mostly true
- **I have the ability and skills to demonstrate empathy.**
 - Pre-survey: 77% completely/mostly true
 - Post-survey: 100% completely/mostly true
- **I have the ability and skills to motivate others.**
 - Pre-survey: 92% completely/mostly true
 - Post-survey: 100% completely/mostly true
- **I have the ability and skills to empower others.**
 - Pre-survey: 100% completely/mostly true
 - Post-survey: 100% completely/mostly true
- **I have the ability and skills to effectively collaborate.**

- Pre-survey: 85% completely/mostly true
- Post-survey: 100% completely/mostly true

- **I have the skills and ability to navigate the power dynamics in a group or organization.**
 - Pre-survey: 77% completely/mostly true
 - Post-survey: 100% completely/mostly true

- **I am good at helping members of a group develop a sense of shared purpose.**
 - Pre-survey: 85% completely/mostly true
 - Post-survey: 71% completely/mostly true

- **I have the ability and skills to effectively create change.**
 - Pre-survey: 92% completely/mostly true
 - Post-survey: 86% completely/mostly true

- **I attend campus-sponsored events.**
 - Pre-survey: 85% completely/mostly true
 - Post-survey: 86% completely/mostly true

- **I have the ability and skills I need to serve the community.**
 - Pre-survey: 85% completely/mostly true
 - Post-survey: 100% completely/mostly true

- **I have the ability to engage in socially just behavior.**
 - Pre-survey: 85% completely/mostly true
 - Post-survey: 100% completely/mostly true

- **I have the ability to effectively communicate verbally.**
 - Pre-survey: 92% completely/mostly true
 - Post-survey: 86% completely/mostly true

- **I have the ability and skills to effectively listen.**
 - Pre-survey: 92% completely/mostly true
 - Post-survey: 86% completely/mostly true

- **I have the ability and skills to effectively negotiate conflict.**
 - Pre-survey: 92% completely/mostly true
 - Post-survey: 57% completely/mostly true

- **I have the ability and skills to advocate for a point of view.**

- Pre-survey: 92% completely/mostly true
 - Post-survey: 71% completely/mostly true
- **I have the ability and skills to act in an ethical manner.**
 - Pre-survey: 77% completely/mostly true
 - Post-survey: 86% completely/mostly true
- **I have the ability to demonstrate confidence.**
 - Pre-survey: 77% completely/mostly true
 - Post-survey: 71% completely/mostly true
- **I have the ability to work with diverse populations (i.e., cultural, ethnic, political).**
 - Pre-survey: 85% completely/mostly true
 - Post-survey: 86% completely/mostly true
- **I have the ability to engage in inclusive behavior.**
 - Pre-survey: 92% completely/mostly true
 - Post-survey: 100% completely/mostly true

- **Overall, to what degree did your involvement with the ASI Board fulfill your expectations?**

Response	Count
Completely	4
To a great degree	0
To a moderate degree	2
To a small degree	1
Not at all	0

- **Overall, to what degree did your involvement with the ASI Board improve your sense of belonging to this campus?**

Response	Count
Completely	4
To a great degree	2
To a moderate degree	0
To a small degree	1

Not at all	0
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- **Because of my involvement with the ASI Board, I feel more prepared for a career after college.**

Response	Count
Strongly agree	4
Somewhat agree	1
Neither agree nor disagree	1
Somewhat disagree	0
Strongly disagree	1

- **Because of my involvement with the ASI Board, I am more likely to give back to my university after graduation.**

Response	Count
Strongly agree	3
Somewhat agree	2
Neither agree nor disagree	2
Somewhat disagree	0
Strongly disagree	0

Discussion

Overall, the board members improved in a majority of the skills and abilities measured in the survey; 12 out of the 19 measures improved or remained at 100% from the pre to the post-assessment. Board members reported improvement in all areas related to diversity, equity and relationship-building. The areas where their scores dipped in the post-survey were related to advanced leadership skills such as conflict resolution, helping group members develop a sense of shared purpose, and advocating for a point of view. It may be that their experience on the Board of Directors helped them to become more aware of areas of growth for themselves related to these skills. In the future, ASI will explore offering professional development workshops or other learning opportunities to board members to help them further develop in these areas.