

August 2024 Star Awards

August 2024 Winner!



Ari Uzzle, Student Health, Counseling & Wellness Services

Ari Uzzle has been in the role of Wellness Office Coordinator for over a year. Ari is also a graduate student at Sac State and has a passion for social justice, inclusive practices, and equity. In her role, Ari is the first person that many students may interact with when seeking support in a critical time of their life. Ari is trauma informed in her approach to serving students in crisis, cares about their wellbeing, and constantly works to educate and inform the campus community about how to access services to support their wellbeing and academic persistence. Ari is pivotal in ensuring that our basic needs services, including our emergency grant non-qualified scholarships, are processed timely. Ari is a valued employee of SHCWS and brings creative solutions to reduce barriers to service and care. Ari is anti-racist and approaches her work with integrity and compassion every day. As she works to complete her master's degree this semester, I know that she will go on to make significant impacts in the lives of others. She has absolutely made a difference in the lives of students, their wellness and support. I will celebrate her as she makes moves in her career and hope that we continue to benefit from her excellent service to our students.