

CALIFORNIA STATE UNIVERSITY, SACRAMENTO
College of Health and Human Services
Department of Recreation and Leisure Studies

TR RELATED/SUPPORTIVE COURSEWORK

Advising Outline Supplement
Therapeutic Recreation

Students in the therapeutic option are required to take 18 units of related/supportive coursework (RSC) in human service courses. The following is a list of suggested courses to meet these requirements. The list is not meant to be exhaustive; there may be other courses in which can be used. All RSC must be selected in consultation with a TR academic advisor. Unless otherwise indicated, the following are three-unit courses.

The courses must include 3 units of Abnormal Psychology, 3 units of Anatomy and Physiology and 3 units of Human Growth and Development. The Human Growth and Development course must be across the lifespan (from birth to death). The remaining semester hours of coursework must be fulfilled in the content area of 'human service' as defined by NCTRC.

Code: These codes are found after the appropriate course.

A/P = Anatomy/Physiology HD = Human Development* Ab = Abnormal Psychology

List of Courses:

BIO	10	Basic Biological Concepts
BIO	20	Biology: A Human Perspective
BIO	22	Introductory Human Anatomies (See prerequisites in Catalog) BIO 001, 002, 010 or BIO 020
BIO	25	Human Anatomy and Physiology
BIO	115	Introduction to Neuroscience
BIO	120	Biology of Aging
BIO	122	Advanced Human Anatomy
BIO	123	Neuroanatomy
CHDV	30	Human Development (HD) *
CHDV	131	Language Development
CHDV	135	Cross-cultural Child Development
CHDV	137	Cognitive Development
CHDV	138	Social, Emotional Development
CHDV	139	Educational Play: Theory and Practice
CRJ	120	Fundamentals of Corrections
CRJ	130	Community Based Corrections

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CRJ	131	Corrective Institutions
CRJ	132	Violence and Terrorism
CRJ	136	Analysis of Career Criminals
CRJ	139	Gangs and Threat Groups in America
CRJ	150	Sexual Offenses and Offenders
CRJ	151	Private Crimes: Abuse of Children, Spouses and Elderly
CRJ	157	Women and the Criminal Justice
CRJ	167	Police and Society
CRJ	168	Justice and Public Safety Information Systems
CRJ	170	Law of Evidence
CRJ	171	Delinquency Prevention and Control
CRJ	192	American Criminal Justice and Minority Groups
CRJ	193	Drug Abuse and Criminal Behavior
CRJ	194	Contemporary Issues in Criminal Justice
CRJ	210	Critical Examination of Criminal Law
CRJ	230	The Prison
CRJ	233	Psychodynamics of Confinement
CRJ	255	Crime, Criminology and Criminal Justice
CRJ	262	Administration of Juvenile Justice
EDC	170	Introduction to Counseling (highly recommended)
EDC	200A	Current Issues in Counseling: Aging
EDC	210	Multicultural/Ethnic Counseling
EDC	214	Dynamics of Human Development
EDC	220	The Spiritual Dimension in Counseling and Psychotherapy
EDC	222	Clinical Stress Reduction
EDC	233	Substance Abuse and the Family
EDC	240	Art Therapy: Theory with Children
EDC	241	Developmental Stages and Art Therapy Techniques
EDC	242	Play and Art Therapy with Children
EDS	100A	Education of Exceptional Children and Youth
EDS	101	Consultation Skills in Inclusive and Supportive Educational Environments
EDS	151	American Sign Language 1
EDS	152	American Sign Language 2
EDS	153	American Sign Language 3
EDS	154	American Sign Language 4
EDS	242A&B	Cognitive Assessment (with Lab)
EDS	248	Human Development and Learning
EDS	276	Education of Students with Serious Emotional and Behavioral Disorders
FACS	10	Nutrition and Wellness
FACS	50	The Family and Social Issues
FACS	52	The Child in the Family
FACS	108	Family Communication

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FACS	119	Nutrition and Aging
FACS	147	Financial and Legal Aspects of Aging
FACS	150	Family Stress & Coping: Multicultural Focus
FACS	152	Adolescent Development
FACS	157	Infant and Toddler: Development and Care
FACS	159	Adulthood and Aging in Human Development
GERO	100	Aging Issues in Contemporary America
GERO	101	Elder Care Continuum Services & Strategies
GERO	103	Applied Care Management in Gerontology Practice
HLSC	112	Disease Prevention
HLSC	114	Human Ecology and Health
HLSC	122	Health Psychology
HLSC	124	Consumer Health Education
HLSC	130	Alcohol and Other Drugs
HLSC	150	Aging and Health
NURS	138	Nursing and Childrearing Family
NURS	160	Human Sexuality
NURS	163	Holistic Approach to Aging
KWS	120	Scientific Bases of Physical Conditioning
KWS	150	Exercise and Sport Physiology
KWS	151	Kinesiology
KWS	151A	Biomechanics
KWS	152	Physiology of Exercise
KWS	157	Therapeutic Exercise
KWS	158	Motor Learning
KWS	171	Adapted Physical Education: Basic Skill/Fitness Activities & Assessment
KWS	172	Movement Education
KWS	176	Perceptual Motor Development
PSYC	5	Scientific Bases of Physical Conditioning
PSYC	103	Perceptions
PSYC	104	Learning Theories
PSYC	106	Motivation
PYSC	110	Cognitive Psychology
PSYC	111	Introduction to Biological Psychology
PSYC	115	Introduction to Neuroscience (also listed as BIO 115)
PSYC	117	Drug & Behavior
PSYC	119	Cognitive Neuroscience
PSYC	120	Psychological Testing
PSYC	130	Personality Theories
PSYC	134	Psychology of Human Sexuality
PSYC	135	Psychology of Multicultural Groups

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PSYC	137	Stress Management
PSYC	145	Social Psychology
PSYC	148	Child Psychology
PSYC	149	Psychology of Adolescence
PSYC	150	Psychological Aspects of Aging
PSYC	151	Psychological Aspects of Death and Dying
PSYC	155	Interpersonal Relations
PSYC	157	Psychology of Women
PSYC	160	Homosexuality
PSYC	167	Psychology in Personal Training and Development
PSYC	168	Abnormal Psychology
PSYC	169	Industrial
PSYC	171	Applied Child Psychology
PSYC	181	Experimental Analysis of Behavior
PSYC	184	Applied Child Psychology
PSYC	185	Psychology of Exceptional Children
SWRK	111	Research Methods and Program Evaluation
SWRK	125A	Human Behavior/Social Environment: Infancy through Adolescence
SWRK	125B	Human Behavior/Social Environment: Adulthood through Aging
SWRK	126	Theories of Criminal Behavior
SWRK	136	Poverty and Homelessness in America
SWRK	137	The Child and the Law
SWRK	151	Health Services and Systems
SWRK	153	Child Welfare Services
SWRK	230	Geriatric Health/Mental Health
SWRK	245	Death, Grief and Growth
SOC	1	Principles of Sociology
SOC	146	Sociology of Aging
SOC	150	Social Psychology
SOC	155	Criminology
SOC	156	Delinquency
SOC	157	Issues in Courts and Prisons
SOC	166	The Family
SOC	168	Self and Society
SPHP	133	Aural Rehabilitation
SPHP	143	Communication Disorders in Multicultural Populations

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