

## Self-Efficacy

Self-efficacy is the belief that one is capable of executing certain behaviors successfully. This concept is similar to self-esteem, but is more situationally specific. For example, a student may have high self-efficacy about reading skill, but low self-efficacy about math abilities. Self-efficacy has dramatic effects on behavior (i.e., choice of activities, effort and persistence, learning and achievement). Given this reality it is important that educators do all the can to foster this belief in students.

*You are now consulting with the teacher of a first grade student with slight subject learning difficulties. How would your knowledge of self-efficacy influences your recommendations. Use the text Human Learning to guide your consultation.*

1.

---

---

---

---

2.

---

---

---

---

3.

---

---

---

---