

# Internet Suicide Postvention Resources

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## "Suicide Postvention"

*Suicide is a personal and interpersonal disaster. The moment of the disaster's happening is its most dramatic. But it is not its only moment. A tragedy has its warnings and precursors – and it has its sequelae. There is much to be done after an earthquake, explosion, avalanche, tornado, fire, flood – or suicide. Postvention – the events that come after the dramatic event that gives the entire sequence its label – aims to mollify the inimical psychological sequelae in survivor- victims*

Edwin Shneidman (2001)

## Readings

[http://www.mces.org/EMT\\_police\\_booklet.doc](http://www.mces.org/EMT_police_booklet.doc)

Written and published by the Montgomery County Emergency Services (Norristown, PA) in January 2005, this link sends offers a booklet titled “What Emergency Responders Need to Know About Suicide Loss: A Suicide Postvention Handbook.

<http://www.aasa.org/publications/saarticledetail.cfm?ItemNumber=4001>

This link provides an article written by Keith A. King titled “Student Suicide Prevention Begins with Recognition” (originally published in the May 2000 edition of *School Administrator*)

<http://theguide.fmhi.usf.edu/>

This pdf file provides the six page document “Youth Suicide Prevention School-Based Guide – Issue Brief 7a: Preparing for and Responding to a Death by Suicide: Steps for Responding to a Suicidal Crisis,” authored by J. Doan, S. Roggenbaum and K Lazear in 2003, and published by the University of South Florida.

<http://www.suicideinfo.ca/csp/assets/alert54.pdf>

The pdf file provides the document “School Memorials After Suicide: Helpful or Harmful?” Published by the Centre of Suicide Prevention (Calgary, Alberta) in May 2004 (Issue #54), this two page handout review issues surround school-based memorials.

<http://www.griefworkcenter.com/grief-cr.htm>

This web page offers the paper “Impact of a Grief-Crisis Intervention Immediately After a Sudden Violent Death on the Survivor's Ability to Cope.” Authored by Barbara Rubel, it originally appeared in *Illness, Crisis & Loss*, Vol. 7, No. 4, October 1999 (pp. 390-401).

<http://maine.gov/suicide/docs/guidelines.pdf>

This pdf file provides the Main Youth Suicide Prevention program's “Youth Suicide Prevention, Intervention, & Postvention Guidelines.”

## Web Pages

<http://www.save.org>

Sponsored by SAVE (Suicide Awareness Voices of Education), this web page has a variety of resources for suicide postvention including the link “coping with loss.” From this link you can access the following papers: “[Grief After Suicide](#),” “[People Grieve Differently](#),” “[Responding to Survivors](#).”

<http://www.mentalhealth.samhsa.gov/suicideprevention/default.asp>

The National Strategy for Suicide Prevention web page includes a variety of resources that may be helpful to the school psychologist conducting a suicide postvention.