

CsUS EMERITUS NEWS

No. 7, Spring, 1988

Editor Duane Spilsbury

ELDERHOSTEL EXPLAINED AT APRIL 4 MEETING

Ambrose Nichols, former and founding president of Sonoma State College, will discuss the "Elderhostel Experience" during a program scheduled for Monday, April 4, at the Goethe Mansion (now called the University House.) The program has been arranged by Jim Saum, our hardworking program chair, with the cooperation of John Cox, president of the Emeritus Faculty Association. It will run from 1:30 to 2:30 in the afternoon. All emeritus faculty, spouses, and friends are invited to attend. University House is located at 3431 T Street. Parking is available on the alley in the rear of the building. (Late development: Bernice West will be attending this meeting to greet old friends. Be sure and be there.)

ANNUAL MEETING SET FOR JUNE 3

New officers for the 1988-89 year will be elected at the annual Emeritus Association meeting which will be held at University House at noon on Friday, June 3.

The proposed slate of officers includes Leonard Kennedy, president; Letha Polenske, vice president; Elgie Fuson, secretary, and Milton Baum, treasurer.

The candidates were selected by a nominating committee composed of Jim Bradfield and Wilma Krebs, past presidents of the association, and John Cox, current president of the group.

A box lunch will be served. See back page for reservations.

EMERITUS PROFESSORS HONORED AT 40th ANNIVERSARY CEREMONY

In December, the faculty of the School of Education served as host at a reception and ceremony honoring the emeritus professors of Education. The ceremony included the presentation of a photographic display of emeritus professors who served from 1947 to 1987. Dr. Robert Jones, Vice-President of University Affairs, and Steve Gregorich, dean of the School of Education, gave welcoming addresses.

The photographic display is contained in a glass-enclosed case in the lobby of the Education building. As faculty retire, their photographs will be included, serving as a continuing and permanent memorial to those who have served and contributed to the school and the university.

PRESIDENT'S MESSAGE

The 40th academic year is slipping away and those of us privileged to be emeritus probably do not notice. Life in the retired lane is good for most of us. Leisure, travel, indulgence of hobbies all add to the enjoyment.

Our program chairman, Jim Saum, has planned some interesting programs for April and May. One is on the Elderhostel experience, and another deals with PERS health and dental benefits. Do come and bring your spouse or guest.

Programs grow out of your expressed interest so let us know what you want. Tell me or tell Jim Saum, and we will do our best to arrange it. Let's make the Emeritus Association what you desire it to be.

I want to thank all the officers and committee chairmen for their assistance and Duane Spilsbury for his outstanding work on the newsletters.

— John Cox

EMERITUS FACULTY SPONSORED SCHOLARSHIPS

Gertrude Meyer Honored By Scholarship Recitalists

A memorial recital dedicated to the memory of Gertrude Meyer, retired professor of voice and music education, was presented by more than half a dozen majors at the university who are present winners of scholarships funded by a generous grant from Professor Meyer. The recital was held in the Music Recital Hall and Sunday afternoon, February 7.

Windeshausen Marketing Scholarship Established at CSUS

A scholarship for marketing students at California State University, Sacramento has been established by H. Nicholas and Joyce Windeshausen.

The H. Nicholas Windeshausen Marketing Scholarship in Business Administration will provide full resident registration fee payments for one or more CSUS students each year. Windeshausen is an emeritus professor of management at CSUS. He was a faculty member of the School of Business and Public Administration from 1962 until his retirement in 1986.

CAMPUS EVENTS SCHEDULED IN APRIL

Dedication of Guy West Bridge to Celebrate CSUS 40th Anniversary

10 am., Wednesday, April 6, Guy West Bridge, California State University, Sacramento. Presentations, dedication of bridge and memorial to Guy West; refreshments. Free and open to the public.

CSUS Alumni Art Exhibits at 21 Local Galleries

Begins Saturday, April 9 at CrockerArt Museum and 20 other Sacramento galleries.

Sunday, April 17. Walking tour of CSUS alumni art exhibits at 21 local galleries, including Crocker Art Museum. Free and open to the public. Call (916) 278-6166 or 447-3630 for time and details.

Distinguished Author David Halberstam to speak at CSUS

3 p.m.! Sunday, April 10, Music Recital Hall, California State University, Sacramento. David Halberstam discusses "The Reckoning: Made in America -or Japan?" Free admission and parking. The public is invited.

12th Annual River City Days Open House at CSUS

California State University, Sacramento hosts its 12th annual River City Days Open House Friday, April 29 and Saturday, April 30. The entire community near and far is invited to attend.

Dozens of displays and events from earthquake demonstrations and spectacular chemistry shows to an exploratorium and an International Food Fair await the visitor. Open House hours: 9 a.m.-4 p.m., Friday; 10 a.m.-2 p.m., Saturday. Free parking. For more information please call (916) 278-6156.

FORMER PROFESSOR J. HAROLD SEVERAID DIES

J. Harold Severaid, former professor at California State University, Sacramento, died Oct. 29, 1987. He was 72.

A former chair of the department of Biological Sciences at CSUS, Severaid retired in 1967 after a severe stroke. He had served 16 years with the University.

He received his bachelor of science degree in Zoology from Iowa State College, a Master of Science degree in Wildlife Conservation from the University of Maine and a Master of Arts in Zoology from the University of California, Berkeley.

Severaid served in the U.S. Navy during World War

In Memorium

George Harvey

George Harvey, emeritus professor of social work at CSUS, died Wed., Oct. 7.

Harvey received his A.B. degree from St. Meinrad College in Indiana, and his master's degree in social work from Indiana University.

In 1966, he joined CSUS, where he served on the University Student Affairs Committee and the Academic Standards Committee among others. Harvey retired in 1980.

Gertrude F. Meyer

Gertrude F. Meyer, professor emeritus of music at CSUS, died Nov. 18.

She taught at the University for many years before retiring in the early 1970s, in the fields of music education, voice and choral music.

Meyer attended Lawrence College in Appleton, Wisconsin and Terre Haute Teachers College in Indiana, where she received her master's degree.

She was active in the Saturday Club and Sigma Alpha Iota, both music organizations.

At Miss Meyer's request, no services were held.

The family requests that any remembrances be made to the CSUS Music Scholarship Fund, Music Department.

Dorothy R. Mohr

Dorothy R. "Dee" Mohr, former acting chair of the old Division of Health, Physical Education, and Recreation and long-time chair of the Women's Physical Education Department, died in her Sacramento home, November 30, 1987. A graduate of the University of Chicago, where she earned Phi Beta Kappa honors, Dee Mohr received her Ph.D. degree from the University of Oregon. She taught at the University of Maryland and at Iowa State University before coming to Sacramento State College in 1964. She retired in 1974 and she was 75 years old when she died.

John Edward Samara

Funeral services were held Jan.22 for John Samara, 71, who died in Sacramento, Jan. 19.

A native of New York, he was a longtime Sacramento resident.

Samara worked for 27 years at California State University, Sacramento, starting as a supervisor in the Placement Office. In 1956 he became the first personnel officer and retired in 1976. He was instrumental in establishing the college's management training program.

WHAT TO LOOK FOR IN LONG-TERM HEALTH CARE INSURANCE

Ideal

Considerations in choosing:

- a. Your chances of needing nursing home care
- b. Cost of long-term care to you
- c. Benefits of long-term care
- d. Protection of your estate

Benefit payments available

- a. Daily benefits for skilled, intermediate, custodial care \$120/day
- b. Automatic benefit increase (inflation rate) 5%/year
- c. Present care costs \$70-90/day
- d. Buy as much benefit as you can afford

Length of coverage:

- a. Chose maximum benefit period available 5 years
- b. Provides time for gifts to heirs, meeting Medi-Cal req.
- c. Compare lifetime coverage and length of coverage for various levels of care

Regarding home care^e

- a. Look for highest percentage of daily benefit 50%
- b. Look for shortest beginning time 20 days
- c. Look for maximum days covered 2 years
- d. Minimum days required in nursing home first 20 days
- e. Check for possible restrictions

When benefits begin:

- a. Choices: 9, 20 or 100 days wait 0 days
- b. Choose shortest time you can afford

Qualifications

- a. Minimum hospital days before eligible (usually 3) 0 days
- b. Minimum skilled or intermediate care first 0 days
- c. Pre-existing condition waiting period 90 days
- d. Organically-based mental condition covered? Yes
(includes Alzheimer's, Parkinson's, senility, dementia)
- e. Nervous disorders (most do not) Yes

The above information was compiled from publications by Smith, Johnson Nix & Associates, and 'Choice Time: Thinking Ahead on Long Term care by Esther Peterson (Aetna, Box 104, Hartford, CT 06156.) Should you have any questions please call Joseph B. Nix, CFP or Gar Satrom, CFP at the above firm (916) 924-3048.

SELECTIVE BIBLIOGRAPHY ON LONG-TERM CARE AND INSURANCE

Pamphlet

Peterson, Esther. **Choice Time: Thinking Ahead on Long Term Care** (23p).

Periodical Articles

1. "When a nursing home becomes your poorhouse" by Denise M. Topolnicki.
Monday, March 1986, p. 175-1182.
2. "Doctor in the House; Otis Bowen takes over at HHS" by Linda Demkovich.
Modern Maturity (AARP), August-September 1986, p. 20-22.
3. "The financial agony of long-term illness" by Anne McGrath.
U.S. News & World Report, February 9, 1987, p. 53-55.
4. "Long-term care: a campaign issue." **Modern Maturity** (AARP),
December 1987-January 1988, p. 9.
5. "Endless care with costs to match" by David Holzman.
Insight, December 28, 1987-January 4, 1988, p. 44-46.

Gene Salmon

NEW OF INSURANCE SERVICES

EJS Insurance Services, Inc. had been associated with Retired Public Employees Association for approximately seven years, offering members valuable benefit programs such as medicare supplement, nursing care, dental, and many other plans.

Recently the RPEA Board approved a different type of program presented to them by EJS. Rather than being an insurance program, SINGLE PREMIUM INVESTMENT (SPI) is an investment program - a new way of saving which is TAX-FREE. These investments generally pay about as much as long term municipal bonds - current rates are around 8% TAX-FREE. So, Single Premium Investment (also referred to as Single Premium Whole Life) accumulates tax-free as long as the policy is in force. SPI increases your retirement income and is not included in taxation of Social Security benefits. Finally, at your death, your policy passes income-tax-free and probate free to your heirs. All of this makes this program ideal for those who are currently saving in certificates of deposit, money-markets or straight savings; many seniors are looking at SPI to increase their retirement income, to fund a college education for a grandchild, or simply as a very secure investment program.

Your RPEA Board has asked EJS Insurance Services to be available to chapter and area meetings for the purpose of discussing SPI. A trained EJS staff member will attend the meeting, explain in general terms how SPI works, for whom it works best, and answer questions posed by members. At this point, each member will have sufficient information to understand SPI and to decide if it will be worthwhile to ask an EJS representative to call at his/her home for detailed information on how SPI can enhance his/her financial security.

You may arrange for a group presentation or a personal appointment for more information regarding Single Premium Investment by calling EJS Insurance Services at 1-800-841-6238.

— Jim Saum

HEALTH AND DENTAL PLANS DISCUSSED MAY 11

Don Marshall of the Public Employees Retirement System will discuss Health and Dental Plan Alternatives" at an emeritus meeting scheduled for 1:30 p.m. on Wednesday, May 11, at the University House -

Dickison Edits Book on Folklore

Roland Dickison, emeritus professor of English, has edited and published a book on folklore, "Causes, Cures, Sense, and Nonsense," the material for which came from a tall five-drawer filing cabinet of student contributions from his classes in folklore at CSUS.

Compiler of the folklore material is Carolyn Gruner, and Dickison has written a special introduction.

The largest collection of material deals with home remedies, Dickison said, "which attests to an ongoing and enduring interest in curing oneself at home."

Of all the cures, the largest category are cures for colds, coughs, and warts, Dickison said, "ailments the medical profession still has difficulty curing."

Copies of the 300-page book, which sells for the modest price of \$10, are available from the Bishop Publishing Company, 2131 Trimble Way, Sacramento, Ca 95825. Dickison's phone number is 971-4987.

ORAL HISTORY WORKSHOPS OPEN TO COMMUNITY

California State University, Sacramento is offering a series of workshops in the theory and techniques of oral history from March through May.

Local history and genealogy are just two of the fields that benefit from the use of oral history, which involves the recording of interviews for purposes of historical research.

Led by Professor Jacqueline S. Reinier, director of the Oral History Program at CSUS, the workshops are free and open to the public. They will be held from 2:30 p.m. -4p.m. on alternate Thursdays in Room 304 of the University Library.

Here is the schedule for the rest of the semester :

April 7: Interviewing Techniques
April 21: Transcribing, Editing, and Indexing
May 5: Completion and critique of Oral History Projects

For more information, please call the Center for California Studies at CSUS at (916) 278-6906.

NEW CONSTRUCTION ON CAMPUS

New Building Brings CSUS Bookstore Into the 80's

The newest bookstore in the California State University system opened at CSUS just in time for the beginning of the spring semester rush. With three floors and 40,000 square feet of space, the Hornet Bookstore is more than twice the size of its predecessor.

The new store has one floor for offices and two spacious selling floors, allowing it to greatly expand its range of general-interest books, sportswear, and art supplies. Cost of the renovation was \$3 million.

- Opening ceremonies are planned from 3:30 p.m. to 5:30 p.m., Friday, April 15.

Engineering Building Construction Well Underway

The foundation and underground utilities are in place for the University's new Engineering and Computer Science building.

- Most outside walls are also now in place towering over the existing single story engineering building next door.

When finished, the five-story structure will provide individual offices, classrooms, lecture halls and labs for the school. The expected completion date is Fall, 1989.

Library Addition Groundbreaking Scheduled for this Semester

A major addition is planned for the present University Library.

- The extension will increase the Library's size by 118,216 square feet, almost doubling the size of the existing structure.
- University Media Services, which presently has offices in the English building, will also be housed there.
- Construction is scheduled to begin this May and be completed in May, 1990.

NEW GERONTOLOGY CENTER DIRECTOR

The Gerontology Studies Committee has recommended the new interim director of the gerontology center on the CSUS campus be Emanuel (Manny) Gale professor of social work. He will take over the leadership from Peggy Cavaghan, who is the gerontology coordinator and has been acting as director.

Care of the aging has been the subject of concern to Professor Gale throughout most of his career. His special interests have been health policies and services, welfare policies and services, housing, long-term care, psychological services and social services in general.

STATE-LEVEL EMERITUS ASSOCIATION GROWING AND ACTIVE

The CSU Association of Emeriti Professors (AEP) now has more than 630 members (of which 30 are from CSUS). The last issue of the **AEP Reporter** went out to all emeritus faculty and librarians, and apparently led many to join who were not previously members.

Recent activities on behalf of our group:

- (1) Working with CFA and other groups to support IDDA increases to keep up the purchasing power of retirement allowances to 80% of original value; to obtain legislation which would allow partial exemption from state tax for the retirement allowance; and staving off attempts to raid PERS fund. Support for the **good initiative to change the Gann limit. (See below for analysis)**
- (2) Investigating the terms of the dental insurance contract with Delta, to restore and maintain benefit levels.
- (3) Working with the California Senior Coalition, a group of statewide organizations with considerable legislative clout. Main focus is health benefits, nursing home reforms, long-term care insurance, and housing for the elderly.
- (4) Monitoring the actions of PFRS. Bill Crist, former CFA president, is now a PERS Board member and helps provide much information and assistance.
- (5) Sponsoring pre-retirement and post-retirement seminars on individual campuses.
- (6) Encouraging exchange of information, such as job swaps for FERPs, house exchanges for travelling emeriti, research opportunities, and ways, for those who wish, to continue to serve the University.

Should the economy turn down and revenue diminish it will be valuable to have a strong state organization to defend the interests of retired faculty. Dues are one dollar per month, and can be sent to CSU Association of Emeriti Professors, 9010 Reseda Blvd. Suite 224, Northridge, Ca 91324. You can authorize deduction from your PERS allowance. Next board meeting on Mar. 26 in L.A. If you have concerns you want brought up, call me.

— Wilma Krebs,
Vice President
489-6919

Send Reservations for Annual Meeting to:

Merrell Skeels
3220 Sierra Oaks Drive
Sacramento, CA 95864

Compare the TWO Initiatives to Change the Gann Limit

Transportation Only

1. No adjustment for economic growth
2. Transfers over \$700 million from education, law enforcement and all other programs to transportation
3. Provides no adjustment to limit for schools and local government
4. Adjusts limit only under 'urgent circumstances' which require spending reserve
5. Gives exclusive power to Governor to calculate and enforce limit
6. Exempts gas tax funds from limit in way which lowers limit for all other programs
7. Creates yearly political maneuvering over limit
8. Sponsored by Paul Gann and the Irvine Company

Economic Growth

Adjusts limit to account for economic growth

Does not raid budget for any special interest -leaves budget alone

Adjusts limit to account for growth in school population and impact of economic growth on local government

Provides for regular adjustment to limit under normal circumstances

Provides accountability through Commission on State Finance

Exempts gas tax funds from limit while holding limit harmless for all other programs

Allows spending of revenues already collected

Sponsored by PTA, League of Women Voters, California Police Chiefs, Commission on Aging and over 50 other groups