

Dietetic Internship Faculty 2024-2025

NADINE BRAUNSTEIN, PHD, RD, FAND

*Director
she/her*



Nadine Braunstein, PhD, RD, FAND has been the Dietetic Internship (DI) Director and faculty member at Sacramento State since August 2017, and served as the DI Director at UMass Amherst from 2005-2009. She earned her PhD from Boston University School of Medicine, Master's degree from the MGH Institute of Health Professions (MA) and Bachelor's degree from Drexel University (PA). Braunstein was a 2013-14 Robert Wood Johnson Foundation Health Policy Fellow where she served in the office of a US Senator and supported the 2015 US Dietary Guidelines Advisory Committee. She received the 2020 Outstanding Dietetic Educator of the Year Award from the Western region NDEP group of the Academy of Nutrition and Dietetics. Nadine serves on the policy panel for the California Academy of Nutrition and Dietetics (CAND) and as Policy Chair for the CAND Northern Area District. During Fall 2024, Nadine spent her sabbatical in Washington D.C. advocating for stipends and scholarships for dietetic interns at Federally Qualified Health Centers.

Kellie Arita served as the interim DI Director for the Fall 2024 semester and is now the DI Coordinator. She earned her Master's of Public Health with a concentration in Community Health Sciences from UCLA, completed her dietetic internship with Sacramento State, and received her undergraduate degree from San Diego State University. Since becoming a dietitian, she has worked as the DI Coordinator for Sac State as well as at a community-based, inpatient psychiatric facility and outpatient HIV clinic in Los Angeles. Kellie hopes to make strides toward breaking down barriers in dietetics by addressing health disparities through accessible nutrition communication efforts, improving food access, and fostering inclusive learning experiences for both students and patients.

KELLIE ARITA, MPH, RD

*DI Coordinator
she/her*

