

## Didactic Program in Dietetics Advising Worksheet

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Visit our Didactic Program in Dietetics (DPD) [website](#) in the Department of Nutrition, Food & Dietetics (NUFD) for additional information, office hours, and group advising sessions. Information sessions for Nutrition and Food Program (Dietetics Concentration) are scheduled during the fall and spring semesters and summer. For more information and a schedule of sessions, refer to the program [website](#) or contact the NUFD Office via email at [nufd@csus.edu](mailto:nufd@csus.edu)

### o Dietetics GPA and grading requirements:

- Overall GPA must be  $\geq 3.0$
- It is recommended that you complete the equivalent for **Chem 1A, 1B, 20; Bio 10, 39; Psyc 2; Stat 1; NUFD 9, 10, and 11** at a Community or Junior college if not completed previously, before beginning courses at Sac State. If you haven't taken these courses, see a full list of courses articulated with other institutions at [www.assist.org](http://www.assist.org)
- A grade of **at least C** is required in the following (or equivalent) courses: Bio 10; Chem 1A, 1B; NUFD 9, 10, 11, 113; Stat 1
- A grade of **at least C-** is required in the remaining DPD courses, including sciences such as Physiology, Organic Chemistry, and Biochemistry.

A. Required Core Courses (28 Units)	Prerequisites	CSUS	Transfer	Units	Grade	Equivalent/Substitute Courses (number, title, units)
<b>BIO 10</b> Basic Biological Concepts (3)						
<b>CHEM 1A</b> General Chemistry I (5)	<a href="#">High school chemistry and college algebra</a> ; sufficient performance on the college algebra diagnostic test, or equivalent; passing score on a standardized Chemistry diagnostic exam given prior to each semester, or a minimum grade of "C" in CHEM 4.					
<b>CHEM 1B</b> General Chemistry II (5) (area B5)	CHEM 1A					
<b>NUFD 9</b> Food Safety and Sanitation (3)						
<b>NUFD 10</b> Nutrition & Wellness (3) Area E						
<b>NUFD 11</b> Principles of Food Preparation (3)						
<b>NUFD 113</b> Nutrition and Metabolism (3) (area B5)	NUFD 10; BIO 10 and CHEM 1A					
<b>STAT 1</b> Intro to Statistics (3)* Area B4	ALEKS PPL score > 51, or MATH 10					
<b>B. Required Lower Division Courses (10 units)</b>						

<b>BIO 39</b> Microbiology for Allied Health Students (4)	BIO 10, and CHEM 1A					
<b>CHEM 20</b> Organic Chemistry Lecture--Brief Course (3)	CHEM 1B					
<b>PSYC 2</b> Introductory Psychology Area D						
<b>C. Required Upper Division Courses (43 units)</b>						
<b>BIO 131</b> Systemic Physiology (4)	CHEM 1B or CHEM 6B and BIO 1 or BIO 2 or BIO 10 or BIO 22.					
<b>CHEM 161</b> General Biochemistry (3)	CHEM 20 or CHEM 124; one year of biological science is recommended.					
<b>NUFD 100</b> Research: Methods and Application in Nutrition and Food (3)	6 NUFD units completed.					
<b>NUFD 107</b> Nutrition Education, Communication and Counseling (3)	NUFD 10 and 3 NUFD units					
<b>NUFD 110</b> Food Production and Sustainability (4)	NUFD 9, NUFD 10 and NUFD 11					
<b>C. Required Upper Division Courses (Cont...)</b>	<b>Prerequisites</b>	<b>CSUS</b>	<b>Transfer</b>	<b>Units</b>	<b>Grade</b>	<b>Equivalent/Substitute Courses (number, title, units)</b>
<b>NUFD 114</b> Cultural and Social Aspects of Food (3)	NUFD 10					
<b>NUFD 115</b> Nutrition: Pre-conception Through Childhood (3)	NUFD 113					
<b>NUFD 116</b> Foodservice Mgmt. (3)	NUFD 110					
<b>NUFD 117</b> Community Nutrition (3)	NUFD 107; and either NUFD 115 or NUFD 119					
<b>NUFD 118A</b> Med. Nutrition Therapy I (3) <b>Fall only</b>	NUFD 113, NUFD 121, and BIO 131					
<b>NUFD 118B</b> Medical Nutrition Therapy II (3) <b>Spring only</b>	NUFD 118A, and CHEM 161					
<b>NUFD 119</b> Nutrition: Adolescence Through Older Adulthood (3)	NUFD 113					
<b>NUFD 121</b> Nutrition Assessment, Methods and Support (3)	NUFD 113					
<b>NUFD 168</b> , Senior Seminar (3) Fall Only	Permission of DPD Director					

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Advisor's Signature

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Date

The Didactic Program is granted accreditation by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics 120 South Riverside Plaza, Suite 2000, Chicago, Illinois, 60606-6995, (312)-899-0400 ext. 5400. ACEND is recognized by the United States Department of Education and Council for Higher Education.