

Sacramento State Dietetic Internship

Program Concentrations

What is our role as nutrition professionals in disease prevention and health promotion?

Public policy and advocacy are vital for achieving the mission, vision, and goals that encompass improving the nation's health and advancing the profession.

You do not need to select a concentration to apply for our internship.

All interns get exposure to both concentrations, though the program director will take your interests into consideration in terms of your rotation placements.

The Sacramento State Dietetic Internship program offers two concentrations:

Concentration Area 1: Disease Prevention and Health Promotion

The Disease Prevention and Health Promotion concentration focuses on the role nutrition and food science impart on preventing disease and promoting health. Our rotations emphasize and provide unique opportunities for Interns to specialize in health promotion as well as disease prevention. Our curriculum was originally designed with both a clinical and disease prevention emphasis thereby making this concentration a natural fit. The competency for this concentration includes the development and the delivery of nutrition education program(s). Several course projects support this concentration through didactic coursework and rotations at the CA Department of Public Health*, WIC, School Districts, and more.

Concentration Area 2: Advocacy and Public Policy

The concentration of Advocacy and Public Policy was chosen for two reasons. First, Sacramento State has a strong public policy undergraduate and graduate program. The DI is nearby the capitol of the State of California, which affords us the opportunity for rotations with policy makers such as senators and legislators and with the State of California Department of Public Health services where many public health policy programs are administered*. The competencies for this concentration area emphasize demonstrating an understanding of the influence of policy and legislation on prevention programs, understanding and participating in legislative activities involved in reform benefiting health and wellness constituents, and understanding and participating in current public policy activities of focus in California. The program's curriculum is designed to meet all of the competency statements/learning outcomes for dietetic internships.

***Note: Due to COVID-19 restrictions, the CA Department of Public Health is unavailable for rotations at this time. Interns will fulfill these competencies through alternative processes.**