

Gerontology Online Degree

Beginning spring of 2025, individuals can earn their Bachelor's of Science in Gerontology, minor in Gerontology and Gerontology Grad Certificate (for masters level students) online through Sacramento State University. Sac State has offered Bachelor's degrees and minors in Gerontology for 40 years. We are leaders in the education of people to work with older adults, their families and address larger community and societal challenges.

Gerontology major courses are delivered online in both synchronous (online at a designated time) and asynchronous (no specific designated time) formats. As an applied academic program, we highly value experiential learning. While your courses can be completed from the anywhere, but as a part of the program, students will participate in agency based service learning and internship experiences. These agencies can be located near your home area.

Why Gerontology

The aging population is increasing worldwide, leading to more opportunities for professionals who specialize in aging-related fields. Careers in gerontology will continue to be in demand as healthcare, housing, and social support services expand for older adults.

Becoming a gerontologist can be a rewarding career path if you're interested in improving the lives of older adults. Here are some key reasons why people choose to specialize in gerontology:

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Make a Meaningful Impact

Gerontologists help improve the quality of life for seniors by addressing their physical, emotional, and social needs. Whether working in healthcare, policy, or research, your work directly affects a population that often faces challenges like isolation, chronic illness, and age-related discrimination.

3. Diverse Career Opportunities

Gerontology is a multidisciplinary field, meaning you can work in various areas such as:

- **Healthcare** (e.g., nursing homes, hospitals, rehabilitation centers, day centers)
- **Social Work & Counseling** (helping seniors with mental health, social services, or family dynamics)
- **Policy & Advocacy** (working on laws and policies that benefit older adults)
- **Research & Education** (studying aging trends, diseases, or teaching about gerontology)
- **Business & Technology** (designing products or services for the elderly, like smart home devices or senior-friendly apps)
- **Further Education** (using your B.S. in Gerontology to move on to RN step-up programs, MSW, MSG, Nurse Practitioner, Physical therapy)

Opportunity for Innovation

Aging presents new challenges that require creative solutions in healthcare, housing, tourism, marketing, engineering, and technology. If you're interested in developing new ways to support aging populations, gerontology offers room for innovation.

Personal & Professional Fulfillment

Many who go into gerontology find it deeply fulfilling because they develop meaningful relationships with older adults and help them navigate this stage of life with dignity and independence.

Would you like to explore specific career paths or educational requirements in gerontology? Come to one of our Information sessions held on the 2nd Wednesday of each month from 6:00-7:30pm. No RSVP needed, just show up: <https://csus.zoom.us/j/87503314111>

For more questions, contact Department Chair, Donna Jensen at donna.jensen@csus.edu or 916-278-2561.