# Family and Consumer Sciences PRE-CREDENTIAL SINGLE SUBJECT PROGRAM



**Catalog 2024-2025**

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| First Name: | Last Name: |
| Sac State ID: | Sac State Email: |

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| --- | --- | --- | --- | --- | --- |
| A. Required Core Courses (22 units) | Prerequisites | CSUS  term | Transfer term | Grade | Equivalent/Substitution  Course (Institution, course code & #) |
| NUFD 10 Nutrition and Wellness  (3) (GE E) |  |  |  |  |  |
| FASH 30 Fashion and Human Environment (3) (GE D) |  |  |  |  |  |
| FSHD 50 The Family and Social Issues (3) (GE D+) |  |  |  |  |  |
| FACS 100 Research Methods and Application in FACS (3) | 6 units in FACS |  |  |  |  |
| FACS 140 Family Resource Management (3) |  |  |  |  |  |
| FACS 168 Senior Seminar (3) | Graduating Senior with 21 units in FACS |  |  |  |  |
| SOC 8 Sense and Nonsense in Social Research (3) (GE A3) ***or***  Stat 1 Introduction to Statistics  (3) (GE B4) \* |  |  |  |  |  |
| ALEKS PPL score > 51 or MATH 10 |  |  |  |  |
| FACS 195A Field Study: Selected areas in FACS (1) | Instructor Permission  > 2.5 GPA |  |  |  |  |
| B. Required Lower Division Courses (15 units) | Prerequisites | CSUS  term | Transfer term | Grade | Equivalent/Substitution  Course (Institution, course code, & #) |
| NUFD 9 Food Safety and Sanitation |  |  |  |  |  |
| NUFD 11 Principles of Food Preparation (3) | FACS/NUFD Major |  |  |  |  |
| INTD 15 Introduction to Interior Design (3) (GE C1) |  |  |  |  |  |
| FASH 32 Fundamentals of  Apparel Production (3) | FACS/FASH Major |  |  |  |  |
| FSHD 52 The Child and the Family (3) (GE E)  ***OR***  CHAD 30 Human Development  (3) (GE E)  ***OR***  CHAD 35 Child and Adolescent Development (3) (GE E) |  |  |  |  |  |
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|  |  |  |  |  |

**\*STAT 10B can be substituted for STAT 1**

**+ Race and Ethnicity**

Please use this advising sheet in conjunction with professional advising. Advisors can help identify your correct catalog rights and courses that complete multiple requirements (overlap) & provide requirement updates

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All students should meet with their faculty advisor at least once per academic year.

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| C. Required Upper Division Courses (13 units) | Prerequisites | CSUS  term |  | Grade | Equivalent/Substitution Course (Institution,  course code, & #) |
| NUFD 110 Food Production and Sustainability (4) | NUFD 9, NUFD 10, ***and***  NUFD 11 |  |  |  |  |
| FASH 130 History of Fashion  (3) (spring only**)**  ***OR***  FASH 137 Clothing Society and Culture (3) (GE D) |  |  |  |  |  |
| FACS 141 Family Finance (3) |  |  |  |  |  |
| FACS 154 Issues in Parenting (3)  ***OR***  FSHD 155 Family Life Education (3) | FSHD 52 ***or*** CHAD 30  ***or*** CHAD 35 |  |  |  |  |
| FSDH 50 ***and*** FACS 100  ***or*** CHAD 133 ***and***  Senior Standing |  |  |  |  |

As early as the junior year, students should complete the following:

* Seek information about the teaching credential programs at Sacramento State:
  + College of Education: Student Success Center
  + Pathways to Teaching Credentials
  + Use this link for complete details about meeting prerequisites for Sacramento State’s teaching credential programs. <https://www.csus.edu/college/education/teaching-credentials/apply.html>
* Please note that the completion of a Bachelor’s degree waives the need to pass the CBEST (California Basic Educational Skills Test)

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| Additional courses required by the CSUS Credential Program\*\*\*: | | |
| Course | CSUS term | Grade |
| PUBH 136 School Health Education (2) |  |  |
| EDUC 100 A Educating Students with Disabilities in Inclusive Settings (2) Corequisite: EDU 100 B |  |  |
| EDUC 100 B Educating Students with Disabilities in Inclusive Settings Lab (1)  Corequisite: EDU 100 A |  |  |
| EDUC 170 Bilingual Education Introduction to Educating English Learners (3) |  |  |
| Total Units: 8 |  |  |

\*\*\*There are options for taking these at community colleges and other online offerings in summers. However, EDUC 170 is generally not offered in summer at locations other than CSUS.

FACS Education majors must have a **minimum grade of C-** in all prerequisites **AND** required courses for the subject matter competency program.

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| Advisor Signature: | Date: |

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| **GE Area A. Basic Subjects** |  |  |
| A1. Oral Communication “C- or better required” |  |  |
| A2. Written Communication “C- or better required” |  |  |
| A3. Critical Thinking “C- or better required” | **Option SOC 8** |  |
| **GE Area B. Physical Universe & Its Life Forms** |  |  |
| B1. Physical Science |  |  |
| B2. Life Forms |  |  |
| B3. Lab |  |  |
| B4. Math Concepts “C- or better required” | **Option STAT 1 or STAT 10B** |  |
| B5. Additional Course (Upper division 100-199) |  |  |
| **GE Area C. Arts & Humanities** *At least 1 course from area C1 and one from area C2 must be taken* |  |  |
| C1. Arts | **INTD 15** |  |
| C2. Humanities |  |  |
| C1/C2. Any Area C Course \*\*\***Note:** recommended (if needed): 6 units of the Foreign Language requirement in C2 which double-counts for the Foreign Language proficiency requirement. |  |  |
| C1/C2. Any Area C Course (Upper Division 100-199) |  |  |
| **GE Area D. The Individual & Society** A minimum of two disciplines (e.g. FASH, FSHD, HIST, POLS,  etc.) must be taken in Area D. \*US History or \*\*US Constitution/CA Government can be used, but not both |  |  |
| US History **or** US Constitution and CA Government |  |  |
| Area D Course | **FSHD 50** |  |
| Area D Course (Upper Division 100-199) | **Option FASH 137** |  |
| **GE Area E. Understanding Personal Development** |  |  |
| Any Area E Course | **NUFD 10,** |  |
| **GE Area F. Ethnic Studies** |  |  |
| Any Area F Course |  |  |

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| **Graduation Requirements:** | |  |
| **Minimum 2.0 GPA required for GE** | |  |
| **Graduation Requirements (required by CSU)** | |  |
| American Institutions: U.S. History  \*The following satisfy the U.S History Graduation Requirement: HIST 17A, 17B. 159, 161, 162, 167, 177, 182; ANTH 101 |  |  |
| U.S Constitution & CA Government  \*\*The following satisfy the graduation requirement, Area D: POLS 1, 113, 150 |  |  |
| Writing Intensive (WI) – may satisfy Upper Division GE or Major “C- or better required” |  |  |
| **Graduation Requirements (required by CA State University, Sacramento)** | |  |
| English Composition II: ENGL 20 “C- or better required” |  |  |
| Race & Ethnicity in American Society (RE) – may double-count for unit requirements in GE Areas C, D, or E | **FSHD 50** |  |
| \*\*\*Foreign Language Proficiency Requirement – If not satisfied before entering Sacramento State, it may be satisfied in GE Area C2 (Humanities) “C- or better required”. The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: https://[www.csus.edu/college/arts-letters/world-](http://www.csus.edu/college/arts-letters/world-)  languages-literatures/foreign-language-requirement.html. | |  |

Date:

Advisor Signature:

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**Chart your 2 or 4-year plan below:**

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| --- | --- | --- | --- | --- | --- |
| **FALL:** | **UNITS** | **SPRING:** | **UNITS** | **SUMMER:** | **UNITS** |
| 1 |  | 1 |  | 1 |  |
| 2 |  | 2 |  | 2 |  |
| 3 |  | 3 |  | 3 |  |
| 4 |  | 4 |  | 4 |  |
| 5 |  | 5 |  |  |  |
| 6 |  | 6 |  |  |  |
| **Total** |  | **Total** |  | **Total** |  |
| **FALL:** | **UNITS** | **SPRING:** | **UNITS** | **SUMMER:** | **UNITS** |
| 1 |  | 1 |  | 1 |  |
| 2 |  | 2 |  | 2 |  |
| 3 |  | 3 |  | 3 |  |
| 4 |  | 4 |  | 4 |  |
| 5 |  | 5 |  |  |  |
| 6 |  | 6 |  |  |  |
| **Total** |  | **Total** |  | **Total** |  |
| **FALL:** | **UNITS** | **SPRING:** | **UNITS** | **SUMMER:** | **UNITS** |
| 1 |  | 1 |  | 1 |  |
| 2 |  | 2 |  | 2 |  |
| 3 |  | 3 |  | 3 |  |
| 4 |  | 4 |  | 4 |  |
| 5 |  | 5 |  |  |  |
| 6 |  | 6 |  |  |  |
| **Total** |  | **Total** |  | **Total** |  |
| **FALL:** | **UNITS** | **SPRING:** | **UNITS** | **SUMMER:** | **UNITS** |
| 1 |  | 1 |  | 1 |  |
| 2 |  | 2 |  | 2 |  |
| 3 |  | 3 |  | 3 |  |
| 4 |  | 4 |  | 4 |  |
| 5 |  | 5 |  | 5 |  |
| 6 |  | 6 |  | 6 |  |
| Total |  | Total |  | Total |  |