

# RPTA MAJOR IN RECREATION THERAPY ADVISING SHEET

**DATE:**

**Use this advising sheet in conjunction with professional advising. Advisors can help identify your correct catalog rights, courses that complete multiple requirements (overlap) & provide requirement updates.**

<b>Name:</b>		<b>Phone number:</b>	
<b>Student ID#:</b>		<b>Email:</b>	
<b>Fall 2021-Present Graduation Requirements:</b> <i>*Items numbered 1-4 should be taken in sequence.</i>		<b>Fall 2021-Present Recreation Therapy Requirements:</b>	
Minimum 120 units to graduate		<b>I. Department Core Lower Division (10 units)</b>	<b>Or Planned Substitution</b>
39 units of upper division (courses 100-199)			<input checked="" type="checkbox"/>
<b>American Institutions: # U.S. History</b>		RPTA 1 Orientation to RPTA	
# U.S. Constitution		RPTA 30 Rec Leisure Contem	
# CA State & Local Government		RPTA 32 Rec Leadership	
1. Written Communication (GE A2) (ENGL 5 or 11) "C-" or better required		RPTA 42 Rec Ntrl Resources	
2. Second Semester Composition (ENGL 20) "C-" or better required		<b>II. Department Core Upper Division (15 units)</b>	
Foreign Language (FL) "C-" or better required (RPTA majors EXEMPT)		<input type="checkbox"/>	
Race & Ethnicity in American Society (RE)		RPTA 102 Sr. Seminar (PR 106, 115, 116, 117,118)	
3. Writing Placement for Juniors (WPJ) Portfolio		RPTA 105 Mgmnt of Leis Serv	
4. Writing Intensive (WI) "C-" or better required		RPTA 106 Inclusive RT	
<b>General Education Requirements: Course</b>		<input checked="" type="checkbox"/>	
<b>A. Basic Subjects (9 units)</b>		RPTA 110 Rsch/eval (PR 30)	
A1. Oral Communication "C-" or better required		RPTA 136 Leis. Program Planning (PR 32)	
A2. Written Communication "C-" or better required		<b>III. RT Core (15 units)</b>	
A3. Critical Thinking "C-" or better required		RPTA 115 Assessment and Documentation (PR 106, 116, 117)	
<b>B. Physical Universe &amp; Its Life Forms (13 units) (minimum 3 units upper-division)</b>		RPTA 116 RT Principles & Prac	
B1. Physical Science		RPTA 117 RT Contemp Dis	
B2. Life Forms		RPTA 118 Facilitation Tech in RT (PR 106,116,117)	
B3. Lab		RPTA 119 RT Services/Systems (PR 106,105,116,117,118)	
B4. Math Concepts "C-" or better required		<b>IV. Required Non-RPTA Courses (18 units)</b>	
B5. Additional B Course (Upper-division, 100-199)		BIOL 25 Human Anat & Phys	
<b>C. Arts &amp; Humanities (12 units)</b>		PSYC 168 Abnormal Psych	
C1. Arts		CHDV 30 Human Development Over the Lifespan	
C2. Humanities		Supportive Course 1	
Any Area C Course		Supportive Course 2	
Any Area C Course (Upper-division, 100-199)		Supportive Course 3	
<b>D. The Individual &amp; Society (9 units)</b>		<b>IV. Internship: (14 units/560 Hours)</b>	
U.S. History or US Constitution/CA Govt.		***RPTA 195D RT Internship	
Any Area D Course		<b>SACRAMENTO STATE™</b> COLLEGE OF HEALTH & HUMAN SERVICES Department of Recreation, Parks & Tourism Administration	
Any Area D Course (Upper-division, 100-199)			
<b>E. Understanding Personal Development (3 units)</b>			
KINS 99 may be taken CONCURRENTLY with any 1 unit KINS course for a total of 3 units			
<b>F. Ethnic Studies (3 units)</b>			
ETHN 11, ETHN 14, ETHN 30, ETHN 53 or ETHN 70			

# RECREATION THERAPY ACADEMIC PLAN

## Pre-Internship (600 Hours)

Location	Number of hours	Total

COURSE OPTIONS:	TO DO:	NOTES:
1		
2		
3		
4		
5		
6		
7		

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
Total		Total		Total	

FALL:	UNITS	SPRING:	UNITS	SUMMER:	UNITS
1		1		1	
2		2		2	
3		3		3	
4		4		4	
5		5		5	
6		6		6	
Total		Total		Total	

# WRITING INTENSIVE CLASSES THAT CAN BE USED AS A Non-RPTA ELECTIVE

## ANTHROPOLOGY

(3) ANTH 186 Culture and Poverty

## CRIMINAL JUSTICE

(3) CRJ 190 Contemporary Issues in Criminal Justice

## FAMILY AND CONSUMER SCIENCES

(3) FACS 112 Current Topics in Nutritional Sciences

(3) FACS 140 Family Resource Management

(3) FACS 150 Family Stress and Coping: Multicultural Focus

## GOVERNMENT

(3) GOVT 165 Politics of the Underrepresented

## KINESIOLOGY

(3) KINS 133 Integration of Concepts

## PHILOSOPHY

(3) PHIL 101 Ethics and Social Issues

(3) PHIL 105 Science and Human Values

(3) PHIL 112 History of Ethics

## SOCIOLOGY

(3) SOC 168 Self and Society

## SOCIAL WORK

(3) SWRK 126 Theories of Criminal Behavior

(3) SWRK 191 Exploring Veteran Studies: An Ethnographic Approach

## WOMEN'S AND GENDER STUDIES

(3) WGS 175 Gender & Disability

## CHILD AND ADOLESCENT DEVELOPMENT

(3) CHAD Controversial Issues in Child Development

**SIDE TO SIDE COMPARISON OF THE THREE GE PATTERNS**

FALL 2014-2017 (48 UNITS)	FALL 2018-SPRING 2021 (48 UNITS)	FALL 2021-PRESENT (48 UNITS)
<b>Changes from previous GE Pattern/Catalog:</b> <ul style="list-style-type: none"> <li>Removed World Civilizations (used to be C1)</li> <li>Assigned C1-Arts &amp; C2-Humanities</li> <li>Reduced units in AREA D from 15 to 12, by removing D2</li> <li>Reduced total units towards GE units from 51 to 48</li> </ul>	<b>Changes from previous GE Pattern/Catalog:</b> <ul style="list-style-type: none"> <li>Upper division course required in AREAs B, C, D (3 units each)</li> </ul>	<b>Changes from previous GE Pattern/Catalog:</b> <ul style="list-style-type: none"> <li>Added AREA F</li> <li>May <b>ONLY</b> overlap 3 units of American Institutions with GE AREAs</li> </ul>
<b>AREA A: BASIC SUBJECTS (9 UNITS)</b>	<b>AREA A: BASIC SUBJECTS (9 UNITS)</b>	<b>AREA A: BASIC SUBJECTS (9 UNITS)</b>
A1: Oral Communication (C- minimum)	A1: Oral Communication (C- minimum)	A1: Oral Communication (C- minimum)
A2: Written Communication (C- minimum)	A2: Written Communication (C- minimum)	A2: Written Communication (C- minimum)
A3: Critical Thinking (C- minimum)	A3: Critical Thinking (C- minimum)	A3: Critical Thinking (C- minimum)
<b>AREA B: PHYSICAL UNIVERSE AND ITS LIFE FORMS (12 UNITS)</b>	<b>AREA B: PHYSICAL UNIVERSE AND ITS LIFE FORMS (12 UNITS)</b>	<b>AREA B: PHYSICAL UNIVERSE AND ITS LIFE FORMS (12 UNITS)</b>
B1: Physical Science	B1: Physical Science	B1: Physical Science
B2: Life Forms	B2: Life Forms	B2: Life Forms
B3: Lab	B3: Lab	B3: Lab
B4: Quantitative Reasoning (C- minimum)	B4: Quantitative Reasoning (C- minimum)	B4: Quantitative Reasoning (C- minimum)
B5: Additional Course	B5: Additional course (upper division)	B5: Additional course (upper division)
<b>AREA C: ARTS &amp; HUMANITIES (12 units)</b>	<b>AREA C: ARTS &amp; HUMANITIES (12 units)</b>	<b>AREA C: ARTS &amp; HUMANITIES (12 units)</b>
C1: Arts	C1: Arts	C1: Arts
C2: Humanities	C2: Humanities	C2: Humanities
C: any area C	C: any area C	C: any area C
C: any area C	C: any area C (Upper Division)	C: any area C (Upper Division)
<b>D: THE INDIVIDUAL &amp; SOCIETY (12 UNITS)</b> *Minimum of three disciplines (e.g. ANTH, ECON, ETHN, GOVT, HIST, RPTA, etc.) must be taken in Area D.	<b>D: THE INDIVIDUAL &amp; SOCIETY (12 UNITS)</b> (minimum 3 units upper-division) (minimum of three disciplines must be represented in Area D)	<b>D: THE INDIVIDUAL &amp; SOCIETY (9 UNITS)</b> *Minimum of two subjects (e.g. ANTH, ECON, ETHN... etc.) must be taken in Area D. US History or US Constitution/CA Government can be used <b>but not both</b>
D: US History	D: US History	D: US History or US Constitution/CA Govt.
D: US Constitution/CA Govt.	D: US Constitution/CA Govt.	D: Any Area D Course
D: Any Area D Course	D: Any Area D Course	D: Any Area D Course (Upper Division)
D: Any Area D Course	D: Any Area D Course (Upper Division)	<b>E. UNDERSTANDING PERSONAL DEVELOPMENT (3 UNITS)</b>
<b>E. UNDERSTANDING PERSONAL DEVELOPMENT (3 UNITS)</b>	<b>E. UNDERSTANDING PERSONAL DEVELOPMENT (3 UNITS)</b>	E: KINS 99 may be taken <b>CONCURRENTLY</b> with any 1 unit KINS course for a total of 3 units
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		<b>F: ETHNIC STUDIES (3 UNITS)</b>
<b>9 UNITS OF UPPER DIVISION GE</b>	<b>9 UNITS OF UPPER DIVISION GE TO INCLUDE AREAS B, C, D</b>	<b>9 UNITS OF UPPER DIVISION GE TO INCLUDE B, C, D</b>

**Graduation Requirements:** have remained the same throughout the three GE Patterns:

**Unit Requirements:**

- 120 total units (GE, Major, Minor, Electives) to graduate.
- 39 units of upper division (courses # 100-199)

**American Institutions:**

- US History
- US Constitution
- CA Government

**Written Communication (GE A2: ENGL 5, ENGL 11)** (C- minimum)

**Second Semester Composition (ENGL 20)** (C- minimum)

**Writing Placement for Juniors (WPJ): Portfolio or ENGL 109 W/M**

**Writing Intensive (WI)** (C- minimum)

**Foreign Language Requirement (FL)** (C- minimum)

**Race and Ethnicity in American Society (RE) revised: 8/2021rq**

