



The Center for Health Practice, Policy & Research (CHPPR) Annual Conference Presents

ATHLETES INTERRUPTED: An inspiring day exploring athletes' successes, challenges, and resilience at every level.

Join Dave McGillivray, Director of the Boston Marathon, elite athlete, and motivational speaker, and a host of professional, recreational, and collegiate athletes for an inspiring day.


Investigate powerful strategies for navigating adversity and trauma. Participate in engaging conversations about leveraging strengths to overcome challenges in sports.


Students, academic and non-academic staff and faculty, community professionals, and nonprofessional attendees are welcome and encouraged to participate. Participants will be able to:

- Recognize the challenges that athletes face in and around competition
- Analyze the specific challenges facing athletes, such as injury (emotional and physical), deselection, coaching changes, and retirement from the sport
- Encourage mental fitness, build resilience, and assimilate the growth process in the aftermath of adversity, challenges, and trauma
- Identify and utilize professional and community health and wellness resources



Saturday, March 22 

8 AM - 4:30 PM 

Harper Alumni Center
Sacramento State 



dr jmf
metahab

Scan to Register!

REGISTER NOW
www.csus.edu/hhs/athletes-interrupted