



SACRAMENTO STATE
CENTER FOR COUNSELING & DIAGNOSTIC SERVICES

LOVE OUT LOUD

FREE

LGBTQIA+ HEALTHY
RELATIONSHIPS
GROUP

TUESDAYS 7PM-8:30PM

STARTING
3/18/25

8 SESSIONS
VIA ZOOM

INTEREST
FORM



Our group will include psychoeducational lessons designed to educate the LGBTQIA+ community about how to build, navigate, and maintain healthy relationships (both romantic & platonic). Group members will have the opportunity to share their experiences and learn from the lived experience of others. Our group is open to all individuals aged 18+ who identify as a member of the LGBTQIA+ community or an ally. You do not need to be a Sacramento State student to qualify.



[BIT.LY/LGBTQIA-HEALTHY-RELATIONSHIPS](https://bit.ly/LGBTQIA-HEALTHY-RELATIONSHIPS)