

*The following roadmap is a sample academic planning resource. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

College: College of Social Sciences and Interdisciplinary Studies

Degree: BS – Bachelor of Science

Major: Nutrition and Food (Dietetics)*

Term #	Course #	Course Title	Units
1	BIO 10	Basic Biological Concepts	3
	NUFD 10	Nutrition and Wellness	3
	PSYC 2	Introductory Psychology	3
	X	General Education Requirement Area F	3
	X	General Education Requirement Area A1	3
		Semester Total	15
2	CHEM 1A	General Chemistry I	5
	NUFD 9	Food Safety and Sanitation	3
	STAT 1	Introduction to Statistics	3
	X	General Education Requirement Area A2	3
	X	American Institutions (US HIST)	3
		Semester Total	17
3	CHEM 1B	General Chemistry II	5
	NUFD 114	Cultural and Social Aspects of Food	3
	NUFD 11	Principles of Food Preparation	3
	X	General Education Requirement Area C1	3
	X	General Education Requirement Area A3	3
		Semester Total	17
4	CHEM 20	Organic Chemistry Lecture - Brief Course	3
	NUFD 100	Research: Methods and Applications in Nutrition and Food	3
	NUFD 107	Nutrition Education, Communication, and Counseling	3
	ENGL 20	College Composition II	3
	X	General Education Requirement Area C	3
		Semester Total	15

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Term #	Course #	Course Title	Units
5	BIO 39	Microbiology for Allied Health Students	4
	NUFD 110	Food Production and Sustainability	4
	NUFD 113	Nutrition and Metabolism	3
	X	Foreign Language Semester 1	4
		Semester Total	15
6	BIO 131	Systemic Physiology	4
	NUFD 115	Nutrition: Pre-conception Through Childhood	3
	NUFD 119	Nutrition: Adolescence Through Older Adults	3
	X	Foreign Language Graduation Requirement Semester 2	4
	X	Upper Division General Education Requirement Area C + Writing Intensive	3
		Semester Total	17
7	NUFD 117	Community Nutrition	3
	NUFD 118A	Medical Nutrition Therapy I	3
	CHEM 161	General Biochemistry	3
	X	Upper Division General Education Requirement Area D + American Institutions (GOVT)	3
		Semester Total	12
8	NUFD 116	Food Service Management	3
	NUFD 118B	Medical Nutrition Therapy II	3
	NUFD 121	Nutrition Assessment, Methods and Support	3
	NUFD 168	Senior Seminar	3
		Semester Total	12