

*The following roadmap is a sample academic planning resource. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

College: Social Sciences & Interdisciplinary Studies

Degree: BS – Bachelor of Science

Major: Nutrition and Food (Dietetics)*

Term #	Course #	Course Title	Units
5	NUFD 113	Nutrition and Metabolism	3
	NUFD 110	Food Production and Sustainability	4
	NUFD 114	Cultural and Social Aspects of Food	3
	X	Foreign Language Semester 1	4
	X	Upper Division General Education Requirement Area D + American Institutions (GOVT or HIST)	3
		Semester Total	17
6	NUFD 115	Nutrition: Pre-conception Through Childhood	3
	NUFD 119	Nutrition: Adolescence Through Older Adulthood	3
	BIO 131	Systemic Physiology	4
	X	Foreign Language Graduation Requirement Semester 2	4
	X	Upper Division General Education Requirement Area C and Writing Intensive	3
		Semester Total	17
7	NUFD 118A	Medical Nutrition Therapy I	3
	NUFD 117	Community Nutrition	3
	CHEM 161	General Biochemistry	3
	NUFD 100	Research: Methods and Application in Nutrition and Food	3
	X	American Institutions (GOVT or HIST whichever not yet taken)	3
		Semester Total	15
8	NUFD 107	Nutrition Education, Communication, and Counseling	3
	NUFD 121	Nutrition Assessment, Methods, and Support	3
	NUFD 118B	Medical Nutrition Therapy II	3
	NUFD 116	Food Service Management	3
	NUFD 168	Senior Seminar	3
		Semester Total	15