

*The following roadmap is a sample academic planning resource. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

College: College of Health and Human Services

Degree: BS – Bachelor of Science

Major: Kinesiology (Physical Education)*

| Term # | Course # | Course Title | Units |
|--------|----------|---------------------------------------|-------|
| 1 | BIO 10 | Basic Biological Concepts | 3 |
| | ENGL 5 | Accelerated Academic Literacies | 3 |
| | MATH 10 | Essentials of Algebra | 3 |
| | X | General Education Requirement Area A1 | 3 |
| | X | General Education Requirement Area F | 3 |
| | | Semester Total | 15 |
| 2 | BIO 25 | Human Anatomy and Physiology I | 4 |
| | KINS 99 | Exercise for Healthy Living | 2 |
| | STAT 1 | Introduction to Statistics | 3 |
| | X | General Education Requirement Area A3 | 3 |
| | X | American Institutions (US HIST) | 3 |
| | | Semester Total | 15 |
| 3 | BIO 26 | Human Anatomy and Physiology II | 4 |
| | ENGL 20 | College Composition II | 3 |
| | KINS 101 | Kinesiology: Research and Practice | 2 |
| | X | General Education Requirement Area C1 | 3 |
| | X | General Education Requirement Area C | 3 |
| | | Semester Total | 15 |
| 4 | KINS 138 | Sport Pedagogy | 3 |
| | X | General Education Requirement Area B1 | 3 |
| | X | General Education Requirement Area D | 3 |
| | X | Foreign Language Semester 1 | 4 |
| | X | KINS Activity Course | 1 |
| | | Semester Total | 14 |

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| Term # | Course # | Course Title | Units |
|---------------|-----------------|---|--------------|
| 5 | KINS 134 | History and Philosophy of Physical Education and Sport | 3 |
| | KINS 148 | ProAct V - Nontraditional Games and Sports | 3 |
| | KINS 150 | Exercise and Sports Physiology | 3 |
| | POLS 1 | Essentials of Government | 3 |
| | X | Foreign Language Graduation Requirement Semester 2 | 4 |
| | | Semester Total | 16 |
| 6 | KINS 160 | Sport and Exercise Psychology | 3 |
| | KINS 146 | PRO ACT IV Individual Sports | 3 |
| | KINS 151D | Applied Kinesiology and Biomechanics | 3 |
| | KINS 177 | Introduction to Adapted Physical Education | 3 |
| | X | Upper Division General Education Requirement Area C + Writing Intensive | 3 |
| | | Semester Total | 15 |
| 7 | KINS 131 | Secondary Physical Education Curriculum | 2 |
| | KINS 135 | Assessment Strategies in Physical Education | 3 |
| | KINS 141 | PRO ACT I - Dual Sports | 3 |
| | KINS 145 | Pro Act III - Team Sports | 3 |
| | KINS 158 | Motor Learning and Control | 3 |
| | X | KINS Activity Course | 1 |
| | | Semester Total | 15 |
| 8 | KINS 130 | Elementary Physical Education Curriculum and Content | 3 |
| | KINS 142 | Professional Activities II - Creative Movement and Dance | 3 |
| | KINS 149 | Professional Activities of Health and Skill Related Fitness | 3 |
| | KINS 137 | Sociology of Sport | 3 |
| | X | Upper Division General Education Requirement Area D | 3 |
| | | Semester Total | 15 |