

*The following roadmap is a sample academic planning resource. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

College: Health and Human Services

Degree: BS – Bachelor of Science

Major: Kinesiology (Physical Education)*

Term #	Course #	Course Title	Units
5	KINS 101	Kinesiology: Research and Practice	2
	KINS 138	Sport Pedagogy	3
	KINS 134	History and Philosophy of Physical Education and Sport	3
	KINS 148	ProAct V - Nontraditional Games and Sports	3
	KINS 150	Exercise and Sport Physiology	3
	X	American Institutions (HIST)	3
Semester Total			17
6	X	Foreign Language Graduation Requirement Semester 1	4
	X	Upper Division General Education Requirement Area C and Writing Intensive	3
	KINS 137	Sociology of Sport	3
	KINS 146	PRO ACT IV Individual Sports	3
	KINS 151D	Applied Kinesiology and Biomechanics	3
Semester Total			16
7	X	Foreign Language Graduation Requirement Semester 2	4
	KINS 177	Introduction to Adapted Physical Education	3
	KINS 131	Secondary Physical Education Curriculum	2
	KINS 135	Assessment Strategies in Physical Education	3
	KINS 141	PRO ACT I - Dual Sports	3
	KINS 145	Pro Act III - Team Sports	3
Semester Total			18
8	KINS 158	Motor Learning and Control	3
	KINS 130	Elementary Physical Education Curriculum and Content	3
	KINS 142	Professional Activities II - Creative Movement and Dance	3
	KINS 149	Professional Activities of Health and Skill Related Fitness	3
	KINS 160	Sport and Exercise Psychology	3
	X	Upper Division General Education Requirement Area D + American Institutions (GOVT)	3
Semester Total			18