

RT 115: MANAGEMENT IN RECREATION THERAPY

In Workflow

1. RPTA Committee Chair (shirsat@csus.edu)
2. RPTA Chair (jamie.hoffman@csus.edu)
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Approval Path

1. Tue, 11 Feb 2025 23:41:17 GMT
Abhijeet Shirsat (shirsat): Approved for RPTA Committee Chair
2. Tue, 11 Feb 2025 23:53:48 GMT
Jamie Hoffman (jamie.hoffman): Approved for RPTA Chair
3. Wed, 19 Feb 2025 02:00:28 GMT
Andrea Becker (andrea.becker): Rollback to Initiator
4. Wed, 19 Feb 2025 21:52:44 GMT
Abhijeet Shirsat (shirsat): Approved for RPTA Committee Chair
5. Wed, 19 Feb 2025 21:59:35 GMT
Jamie Hoffman (jamie.hoffman): Approved for RPTA Chair
6. Wed, 19 Feb 2025 23:39:57 GMT
Andrea Becker (andrea.becker): Approved for HHS College Committee Chair
7. Thu, 20 Feb 2025 01:08:57 GMT
Robert Pieretti (sac19804): Approved for HHS Dean

Date Submitted: Wed, 19 Feb 2025 20:15:03 GMT

Viewing: RT 115 : Management in Recreation Therapy

Formerly known as: RPTA 119

Last edit: Wed, 19 Feb 2025 20:15:01 GMT

Changes proposed by: Jamie Hoffman (216222514)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Jamie Hoffman	jamie.hoffman@csus.edu	916-278-6259

Catalog Title:

Management in Recreation Therapy

Class Schedule Title:

Management in RT

Academic Group: (College)

HHS - Health & Human Services

Academic Organization: (Department)

Health & Human Services

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Spring 2026 (2026/2027 Catalog)

Subject Area: (prefix)

RT - Recreation Therapy

Catalog Number: (course number)

115

Course ID: (For administrative use only.)

161161

Units:

3

Is the ONLY purpose of this change to update the term typically offered or the enforcement of existing requisites at registration?

No

In what term(s) will this course typically be offered?

Fall, Spring

Does this course require a room for its final exam?

Yes, final exam requires a room

This course complies with the credit hour policy:

Yes

Justification for course proposal:

Due to realignments in the college, this course will be offered through the Health Science Program to make sure this content remains available to students. Aside from the title, prefix, and course description, there are no substantive changes to the course. This course provides students with the requisite knowledge to be eligible for NCTRC National Certification.

Course Description: (Not to exceed 90 words and language should conform to catalog copy.)

This capstone course examines healthcare systems and organizational structure through the lens of recreation therapy. Students examine existing programs in various facilities (hospitals, rehab centers, etc.), review relevant standards and regulations, and develop new programs. The course explores intervention techniques, program organization, management strategies, and professional ethics within healthcare systems. It also covers the roles of interdisciplinary teams and strategies for advancing the recreation therapy profession.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

No

Is this course designated as Curricular Community Engaged Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Does this course have prerequisites?

Yes

Prerequisite:

RT 112, RT 113; or instructor permission.

Prerequisites Enforced at Registration?

Yes

Does this course have corequisites?

No

Graded:

Letter

Approval required for enrollment?

No Approval Required

Course Component(s) and Classification(s):

Lecture

Lecture Classification

CS#02 - Lecture/Discussion (K-factor=1WTU per unit)

Lecture Units

3

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes and Assessment Strategies:

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	Articulate the policies, laws, regulations and accrediting agencies to understand current trends and issues directly affecting recreation therapy delivery of services. (NCTRC Job Task 1.02, 6.01.)	Quizzes, Final Exam Class Activities Class Assignments: Health Systems and Service Delivery, Strategic Action Plan
2	Review the health care delivery system, the role of therapeutic recreation, and the interrelationship tasks within a treatment team. (NCTRC Job Task 1.01.)	Quizzes, Final Exam Class Activities Class Assignments: Health Systems and Service Delivery, Strategic Action Plan
3	Apply leadership and management strategies through case studies, action plans, and the impact of service delivery models in recreation therapy settings. (NCTRC Job Task 1.01, 6.02.)	Quizzes, Final Exam Class Activities Class Assignments: Health Administration and Management, Strategic Action Plan
4	Analyze ethical practices and standards in the department, program and curriculum development of providing evidenced-based treatment. (NCTRC Job Task 3.02, 6.02.)	Quizzes, Final Exam Class Activities Class Assignments: Health Systems and Service Delivery, Curriculum and Program Development
5	Analyze health care financing and manage fiscal resources in the scope of recreation therapy programs and services. (NCTRC Job Task 6.01.)	Quizzes, Final Exam Class Activities Class Assignments: Health Administration and Management, Curriculum and Program Development
6	Develop quality control initiatives and risk management procedures when facilitating recreation therapy services amongst varying settings and levels of care. (NCTRC Job Task 4.02.)	Quizzes, Final Exam Class Activities Class Assignments: Curriculum and Program Development, Strategic Action Plan

7	Explain the requirements and process for obtaining credentials and specialized certifications in recreation therapy by outlining criteria, application procedures, and continuing education requirements. (NCTRC Job Task 1.02.)	Quizzes, Final Exam Class Activities Class Assignments: NCTRC Job Task Analysis Audit
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Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

Yes

Identify the program(s) in which this course is required:

Programs:

BS in Recreation Therapy

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

Attach Accessibility Checklist: (Optional at submission. Fulfills requirement to file with Dean's office.)

RT 115_Course-accessibility-checklist.pdf

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines
Knowledge of human cultures and the physical and natural world
Intellectual and practical skills
Personal and social responsibility
Integrative learning

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

GE Course and GE Goal(s)

Is this a General Education (GE) course or is it being considered for GE?

No

Please attach any additional files not requested above:

RT 115 Syllabus.docx

Reviewer Comments:

Andrea Becker (andrea.becker) (Wed, 19 Feb 2025 02:00:28 GMT): Rollback: Please see Academic Council notes.

Key: 4130