RT 112: ASSESSMENT AND DOCUMENTATION IN RECREATION THERAPY

In Workflow

- 1. RPTA Committee Chair (shirsat@csus.edu)
- 2. RPTA Chair (jamie.hoffman@csus.edu)
- 3. HHS College Committee Chair (andrea.becker@csus.edu)
- 4. HHS Dean (sac19804@csus.edu)
- 5. Academic Services (catalog@csus.edu)
- 6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
- 7. Dean of Undergraduate (gardner@csus.edu)
- 8. Dean of Graduate (cnewsome@skymail.csus.edu)
- 9. Catalog Editor (catalog@csus.edu)
- 10. Registrar's Office (k.mcfarland@csus.edu)
- 11. PeopleSoft (PeopleSoft@csus.edu)

Approval Path

- 1. Tue, 11 Feb 2025 23:41:13 GMT Abhijeet Shirsat (shirsat): Approved for RPTA Committee Chair
- Tue, 11 Feb 2025 23:53:43 GMT Jamie Hoffman (jamie.hoffman): Approved for RPTA Chair
- Wed, 19 Feb 2025 01:59:52 GMT Andrea Becker (andrea.becker): Rollback to Initiator
- Wed, 19 Feb 2025 21:52:38 GMT Abhijeet Shirsat (shirsat): Approved for RPTA Committee Chair
- 5. Wed, 19 Feb 2025 21:59:28 GMT Jamie Hoffman (jamie.hoffman): Approved for RPTA Chair
- Jamie Hoffman (jamie.hoffman): Approved for RPTA Chair 6. Wed, 19 Feb 2025 23:39:50 GMT
- 7. Thu, 20 Feb 2025 01:08:32 GMT Robert Pieretti (sac19804): Approved for HHS Dean

Date Submitted: Wed, 19 Feb 2025 20:14:11 GMT

Viewing: RT 112: Assessment and Documentation in Recreation Therapy

Andrea Becker (andrea.becker): Approved for HHS College Committee Chair

Formerly known as: RPTA 115

Last edit: Wed, 19 Feb 2025 20:14:10 GMT Changes proposed by: Jamie Hoffman (216222514)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Jamie Hoffman	jamie.hoffman@csus.edu	916-278-6259

Catalog Title:

Assessment and Documentation in Recreation Therapy

Class Schedule Title: Assessment in RT

Academic Group: (College)
HHS - Health & Human Services

Academic Organization: (Department)

Health & Human Services

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Spring 2026 (2026/2027 Catalog)

Subject Area: (prefix) RT - Recreation Therapy

Catalog Number: (course number)

112

Course ID: (For administrative use only.)

201465

Units:

3

Is the ONLY purpose of this change to update the term typically offered or the enforcement of existing requisites at registration?

No

In what term(s) will this course typically be offered?

Fall, Spring

Does this course require a room for its final exam?

Yes, final exam requires a room

This course complies with the credit hour policy:

Yes

Justification for course proposal:

This is an update to the current course title as well as curriculum changes as our accreditation standards have changed. Due to realignments in the college, this course will be offered through the Heath Science Program to make sure this content remains available to students. Aside from the title, prefix and course description, there are no substantive changes to the course. This course provides students with the requisite knowledge to be eligible for NCTRC National Certification.

Course Description: (Not to exceed 90 words and language should conform to catalog copy.)

Students will learn about the Recreation Therapy process (APIE) as implemented in a variety of clinical and community settings. Utilizing professional standards of practice, students will identify the NCTRC Job Task Analysis and ATRA Standards of Care. Students will practice using medical terminology and abbreviations through documentation. Documentation includes: clinical assessments, individual treatment plans, goals and objectives, progress notes, and discharge plans.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

Νo

Is this course designated as Curricular Community Engaged Learning?

NO

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Does this course have prerequisites?

Yes

Prerequisite:

RT 110, RT 111; or instructor permission.

Prerequisites Enforced at Registration?

Yes

Does this course have corequisites?

No

Graded:

Letter

Approval required for enrollment?

No Approval Required

Course Component(s) and Classification(s):

Lecture

Lecture Classification

CS#02 - Lecture/Discussion (K-factor=1WTU per unit)

Lecture Units

3

Is this a paired course?

Nο

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes and Assessment Strategies:

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	Determine assessment tools to establish outcomes (e.g., standardized, interprofessional, FIM, MDS, etc.). (NCTRC Job Task 2.01.)	Quizzes & Mid-term & Final Exam Class Activities Class Assignments: Assessment, Discharge Plan
2	Compare primary and secondary data across functional domains (e.g., sensory, cognitive, social, physical, affective, leisure, support system, charts, medical records etc.). (NCTRC Job Task 2.01.)	Quizzes & Mid-term & Final Exam Class Activities Class Assignments: Assessment, Case Study, Discharge Plan
3	Identify strengths and limitations, including barriers to leisure participation from gathered data (e.g., social, environmental, physical, etc.). (NCTRC Job Task 2.01.)	Quizzes & Mid-term & Final Exam Class Activities Class Assignments: Case Study, Progress Note, Discharge Plan
4	Articulate clients' needs, strengths, and progress to create measurable goals and objectives (e.g., outcomes) based on assessment data with an interdisciplinary team/service. (NCTRC Job Task 2.02., 5.01.)	Quizzes & Mid-term & Final Exam Class Activities Class Assignments: Case Study, Progress Note
5	Complete documentation to include: individual regression/ stabilization, progression towards treatment goals, and discharge/transition plans (e.g., electronic, narrative, SOAP, DARP, etc.).(NCTRC Job Task 5.01.)	Quizzes & Mid-term & Final Exam Class Activities Class Assignments: Progress Note, Discharge Plan
6	Identify policies and procedures for documentation procedures for reporting specific incidents. (NCTRC Job Task 5.02.)	Quizzes & Mid-term & Final Exam Class Activities

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

4

Has a corresponding Program Change been submitted to Workflow?

Yes

Identify the program(s) in which this course is required:

Programs:

BS in Recreation Therapy

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

Attach Accessibility Checklist: (Optional at submission. Fulfills requirement to file with Dean's office.)

RT 112_Course-accessibility-checklist.pdf

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines Knowledge of human cultures and the physical and natural world Intellectual and practical skills Integrative learning

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

GE Course and GE Goal(s)

Is this a General Education (GE) course or is it being considered for GE?

No

Please attach any additional files not requested above:

RT 112 Syllabus.docx

Reviewer Comments:

Andrea Becker (andrea.becker) (Wed, 19 Feb 2025 01:59:52 GMT): Rollback: Please see Academic Council notes.

Key: 4126