

RT 110: FOUNDATIONS OF RECREATION THERAPY

In Workflow

1. RPTA Committee Chair (shirsat@csus.edu)
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Approval Path

1. Tue, 11 Feb 2025 23:41:05 GMT
Abhijeet Shirsat (shirsat): Approved for RPTA Committee Chair
2. Tue, 11 Feb 2025 23:53:37 GMT
Jamie Hoffman (jamie.hoffman): Approved for RPTA Chair
3. Wed, 19 Feb 2025 01:59:25 GMT
Andrea Becker (andrea.becker): Rollback to Initiator
4. Wed, 19 Feb 2025 21:52:31 GMT
Abhijeet Shirsat (shirsat): Approved for RPTA Committee Chair
5. Wed, 19 Feb 2025 21:59:21 GMT
Jamie Hoffman (jamie.hoffman): Approved for RPTA Chair
6. Wed, 19 Feb 2025 23:39:45 GMT
Andrea Becker (andrea.becker): Approved for HHS College Committee Chair
7. Thu, 20 Feb 2025 01:08:07 GMT
Robert Pieretti (sac19804): Approved for HHS Dean

Date Submitted: Wed, 19 Feb 2025 20:13:36 GMT

Viewing: RT 110 : Foundations of Recreation Therapy

Formerly known as: RPTA 116

Last edit: Wed, 19 Feb 2025 20:13:35 GMT

Changes proposed by: Jamie Hoffman (216222514)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Jamie Hoffman	jamie.hoffman@csus.edu	916-278-6259

Catalog Title:

Foundations of Recreation Therapy

Class Schedule Title:

Foundations of RT

Academic Group: (College)

HHS - Health & Human Services

Academic Organization: (Department)

Health & Human Services

Will this course be offered through the College of Continuing Education (CCE)?

No

Catalog Year Effective:

Spring 2026 (2026/2027 Catalog)

Subject Area: (prefix)

RT - Recreation Therapy

Catalog Number: (course number)

110

Course ID: (For administrative use only.)

161151

Units:

3

Is the ONLY purpose of this change to update the term typically offered or the enforcement of existing requisites at registration?

No

In what term(s) will this course typically be offered?

Fall, Spring

Does this course require a room for its final exam?

Yes, final exam requires a room

This course complies with the credit hour policy:

Yes

Justification for course proposal:

This is an update to the current course title as well as curriculum changes as our accreditation standards have changed. Due to realignments in the college, this course will be offered through the Health Science Program to make sure this content remains available to students. Aside from the title, prefix, and course description, there are no substantive changes to the course. This course provides students with the requisite knowledge to be eligible for NCTRC National Certification.

Course Description: (Not to exceed 90 words and language should conform to catalog copy.)

Explore the principles and practices of using recreation and leisure to improve the well-being of diverse populations. This course examines the history, philosophy, and ethical considerations of the field, focusing on assessment, planning, implementation, and evaluation of therapeutic recreation interventions. Students will examine issues of leisure participation and inclusive practices including: attitudinal barriers, advocacy, universal design and legislation. Students will learn about adaptations, and evidence-based research to promote leisure participation and inclusive practices to enhance quality of life for various populations.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

No

Is this course designated as Curricular Community Engaged Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Does this course have prerequisites?

No

Does this course have corequisites?

No

Graded:

Letter

Approval required for enrollment?

No Approval Required

Course Component(s) and Classification(s):

Lecture

Lecture Classification

CS#02 - Lecture/Discussion (K-factor=1 WTU per unit)

Lecture Units

3

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes and Assessment Strategies:

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	Describe and discuss legislation affecting services for persons with disabilities including the Civil Rights Act, Rehabilitation Act, Air Carrier Access Act, IDEA, and the Americans with Disabilities Act. (NCTRC Job Task Area 1.01)	Class Activities, Mid-term & Final Exams Written Assignments: Online Assignments, Advocacy Letter, Elevator Talk, Physical Access Evaluation
2	Assess one's attitudes toward all individuals regardless of culture, abilities and/or background. (NCTRC Job Task Area 1.02)	Class Activities, Mid-term & Final Exams Written Assignments: Online Assignments, Physical Access Evaluation
3	Examine the philosophical, theoretical, and empirical frameworks of recreation as a service to persons of all abilities. (NCTRC Job Task Area 3.01)	Class Activities, Mid-term & Final Exams Written Assignments: Online Assignments
4	Describe the conceptual foundations and historical/philosophical background of inclusive recreation and recreation therapy, including RT Models, the APIE process, and the role of treatment teams. (NCTRC Job Task Area 3.01)	Class Activities, Mid-term & Final Exams Written Assignments: Online Assignments, Advocacy Letter
5	Apply the clinical therapeutic recreation process from assessment, planning, implementation, and evaluation of treatment in therapeutic recreation. (NCTRC Job Task Area 3.01)	Class Activities, Mid-term & Final Exams Written Assignments: Online Assignments, RT Model Paper, RT Discovery Event
6	Apply knowledge of principles and procedures for planning and designing accessible services and facilities, including public relations materials. (NCTRC Job Task Area 3.02)	Class Activities, Mid-term & Final Exams Written Assignments: Online Assignments, Physical Access Evaluation, Elevator Talk

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

Yes

Identify the program(s) in which this course is required:**Programs:**

BS in Recreation Therapy

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

Attach Accessibility Checklist: (Optional at submission. Fulfills requirement to file with Dean's office.)

RT 110_Course-accessibility-checklist.pdf

University Learning Goals

Undergraduate Learning Goals:

Competence in the disciplines
Knowledge of human cultures and the physical and natural world
Intellectual and practical skills
Personal and social responsibility
Integrative learning

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

GE Course and GE Goal(s)

Is this a General Education (GE) course or is it being considered for GE?

No

Please attach any additional files not requested above:

RT 110 Syllabus.docx

Reviewer Comments:

Andrea Becker (andrea.becker) (Wed, 19 Feb 2025 01:59:25 GMT): Rollback: Please see Academic Council notes.

Key: 4127