

HLTH 154: INTRODUCTION TO TRAUMATOLOGY

In Workflow

1. RPTA Committee Chair (shirsat@csus.edu)
2. RPTA Chair (jamie.hoffman@csus.edu)
3. HHS College Committee Chair (andrea.becker@csus.edu)
4. HHS Dean (sac19804@csus.edu)
5. Academic Services (catalog@csus.edu)
6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
7. GE Crs Rev Subcommittee Chair (perry@csus.edu)
8. Dean of Undergraduate (gardner@csus.edu)
9. Dean of Graduate (cnewsome@skymail.csus.edu)
10. Catalog Editor (catalog@csus.edu)
11. Registrar's Office (k.mcfarland@csus.edu)
12. PeopleSoft (PeopleSoft@csus.edu)

Approval Path

1. Tue, 11 Feb 2025 23:41:02 GMT
Abhijeet Shirsat (shirsat): Approved for RPTA Committee Chair
2. Tue, 11 Feb 2025 23:53:34 GMT
Jamie Hoffman (jamie.hoffman): Approved for RPTA Chair
3. Wed, 19 Feb 2025 05:13:04 GMT
Andrea Becker (andrea.becker): Approved for HHS College Committee Chair
4. Wed, 19 Feb 2025 05:23:21 GMT
Robert Pieretti (sac19804): Approved for HHS Dean

History

1. Jul 10, 2024 by 210464684

Date Submitted: Tue, 11 Feb 2025 23:22:32 GMT

Viewing: HLTH 154 : Introduction to Traumatology

Formerly known as: RPTA 169 / RPTA 196E

Last approved: Wed, 10 Jul 2024 14:01:37 GMT

Last edit: Fri, 21 Feb 2025 19:43:53 GMT

Changes proposed by: Jamie Hoffman (216222514)

Contact(s):

Name (First Last)	Email	Phone 999-999-9999
Jamie Hoffman	jamie.hoffman@csus.edu	916-278-6259

Catalog Title:

Introduction to Traumatology

Class Schedule Title:

Introduction to Traumatology

Academic Group: (College)

HHS - Health & Human Services

Academic Organization: (Department)

Health & Human Services

Will this course be offered through the College of Continuing Education (CCE)?

Yes

Please specify:

CCE and Stateside

Catalog Year Effective:

Spring 2026 (2026/2027 Catalog)

Subject Area: (prefix)

HLTH - Health

Catalog Number: (course number)

154

Course ID: (For administrative use only.)

203723

Units:

3

Is the ONLY purpose of this change to update the term typically offered or the enforcement of existing requisites at registration?

No

In what term(s) will this course typically be offered?

Fall, Spring, Summer

Does this course require a room for its final exam?

No, final exam does not require a room

This course complies with the credit hour policy:

Yes

Justification for course proposal:

The purpose of this science based course is to provide students with the knowledge necessary to apply concepts of traumatology in various healthcare professions, and help students recognize the vital role of recovery and resiliency when working in a professional setting. Currently, this course is mostly taken by Health Science students as it provides them with critical insights into the connection between trauma, post-traumatic growth, and integrative care. Due to realignments in the college, this course will be offered through the Health Science Program to make sure this content remains available to students. Aside from the title and course prefix, there are no substantive changes to the course.

Course Description: (Not to exceed 90 words and language should conform to catalog copy.)

This course explores the multifaceted nature of trauma, examining its origins, characteristics, and conditions that contribute to adversity in its aftermath. Students will analyze trauma at individual, community, and systemic levels through the view of several areas of sciences by investigating scientific literature, documentaries, narratives, and contemporary research. Emphasis is placed on theories of trauma, evidence-based approaches, and productive systems of recovery that support resilience and post-traumatic growth. The course equips students with trauma-informed knowledge applicable across professional settings to foster healing, recovery, and long-term well-being.

Are one or more field trips required with this course?

No

Fee Course?

No

Is this course designated as Service Learning?

No

Is this course designated as Curricular Community Engaged Learning?

No

Does this course require safety training?

No

Does this course require personal protective equipment (PPE)?

No

Does this course have prerequisites?

No

Does this course have corequisites?

No

Graded:

Letter

Approval required for enrollment?

No Approval Required

Course Component(s) and Classification(s):

Lecture

Lecture Classification

CS#02 - Lecture/Discussion (K-factor=1WTU per unit)

Lecture Units

3

Is this a paired course?

No

Is this course crosslisted?

No

Can this course be repeated for credit?

No

Can the course be taken for credit more than once during the same term?

No

Description of the Expected Learning Outcomes and Assessment Strategies:

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	1. Identify various forms of trauma (e.g., acute, generational, race-based) through multiple scientific lenses (e.g., neuroscience, neurological, genetic/epigenetic) (GE Area B5: Objective 3).	Quizzes, Mid-term, and Final Exams Class Activities Class Assignments: Reflective Responses
2	2. Examine resilience and post-traumatic growth from individual, secondary/vicarious trauma, community, and systemic perspectives (GE Area B5: Objective 1, 2).	Quizzes, Mid-term, and Final Exams Class Activities Class Assignments: Reflective Responses
3	3. Analyze rehabilitative practices by comparing traditional approaches with contemporary models that promote personal strengths, resilience, and post-traumatic growth (GE Area B5: Objective 1).	Quizzes, Mid-term, and Final Exams Class Activities Class Assignments: Community Agency and Meta-habilitation
4	4. Evaluate theoretical approaches to trauma-informed care, recovery-oriented care, healing-centered engagement, and frameworks such as ACES and PACES in promoting post-traumatic growth (GE Area B5: Objective 3).	Quizzes, Mid-term, and Final Exams Class Activities Class Assignments: Reflective Responses
5	5. Assess multimodal, strength-based pathways that translate trauma theories into practice (e.g., the Five-Factor Model of PTG, Meta-habilitation, Affective-Cognitive Processing Model, Social Identity Model of Trauma and Identity Change, and the Meaning-Making Model) (GE Area B5: Objective 1, 2).	Quizzes, Mid-term, and Final Exams Class Activities Class Assignments: Models of Post Traumatic Growth Podcast
6	6. Identify trauma-informed interventions with a focus on local contexts and programming at individual, community, and institutional levels (GE Area B5: Objective 1).	Quizzes, Mid-term, and Final Exams Class Activities Class Assignments: Community Agency and Meta-habilitation, Models of Post Traumatic Growth Podcast
7	7. Analyze the legal and ethical complexities faced by paraprofessionals in providing care to individuals affected by trauma, crisis, and adversity (GE Area B5: Objective 1).	Quizzes, Mid-term, and Final Exams Class Activities

Attach a list of the required/recommended course readings and activities:

HLTH 154 Supplemental Reading Reference List.docx

Is this course required in a degree program (major, minor, graduate degree, certificate?)

Yes

Has a corresponding Program Change been submitted to Workflow?

Yes

Identify the program(s) in which this course is required:

Programs:

BS in Health Science

BS in Recreation Therapy

Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?

No

Will there be any departments affected by this proposed course?

No

I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.

I/we agree

Attach Accessibility Checklist: (Optional at submission. Fulfills requirement to file with Dean's office.)

HLTH_154_Course-accessibility-checklist.pdf

University Learning Goals

Undergraduate Learning Goals:

Knowledge of human cultures and the physical and natural world
Integrative learning

Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

GE Course and GE Goal(s)

Is this a General Education (GE) course or is it being considered for GE?

Yes

In which GE area(s) does this apply?

5B. Biological Science

Which GE objective(s) does this course satisfy?

Gain a general understanding of current theory, concepts, knowledge, and scientific methods pertaining to the nature of the physical universe, ecosystems, and life on this planet.

Attach Course Syllabus with Detailed Outline of Weekly Topics:

HLTH 154 Syllabus.docx

Syllabi must include: GE area outcomes listed verbatim; catalog description of the course; prerequisites, if any; student learning objectives; assignments; texts; reading lists; materials; grading system; exams and other methods of evaluation.

Will more than one section of this course be offered?

No

Reviewer Comments:

Janett Torset (torsetj) (Fri, 21 Feb 2025 19:43:53 GMT): Edited to update course to new GE Area 5 attribute (GEN5-5B)

Key: 4165