

# MINOR IN LEADERSHIP IN AGING AND HEALTH

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## SACRAMENTO STATE

### In Workflow

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### Approval Path

1. Mon, 23 Sep 2024 23:56:57 GMT  
Donna Jensen (donna.jensen): Approved for GERO Committee Chair
2. Mon, 23 Sep 2024 23:57:45 GMT  
Donna Jensen (donna.jensen): Approved for GERO Chair
3. Thu, 17 Oct 2024 19:31:07 GMT  
Emily Wickelgren (wickelgr): Rollback to GERO Chair for SSIS College Committee Chair
4. Wed, 23 Oct 2024 15:02:46 GMT  
Donna Jensen (donna.jensen): Approved for GERO Chair
5. Wed, 23 Oct 2024 18:37:29 GMT  
Emily Wickelgren (wickelgr): Approved for SSIS College Committee Chair
6. Sat, 26 Oct 2024 00:15:48 GMT  
Marya Endriga (mendriga): Approved for SSIS Dean

### New Program Proposal

Date Submitted: Mon, 23 Sep 2024 23:56:21 GMT

**Viewing: Minor in Leadership in Aging and Health**

**Last edit: Tue, 29 Oct 2024 18:59:17 GMT**

Changes proposed by: Donna Jensen (204323929)

**Academic Group: (College)**

Social Sciences & Interdisciplinary Studies

**Academic Organization: (Department)**

Gerontology

**Catalog Year Effective:**

2025-2026 Catalog

NOTE: This degree major program will be subject to program review evaluation within six years after implementation.

**Individual(s) primarily responsible for drafting the proposed degree major program:**

| Name (First Last) | Email                 | Phone 999-999-9999 |
|-------------------|-----------------------|--------------------|
| Donna Jensen      | donna.jensen@csus.edu | 916-278-2561       |

**Type of Program Proposal:**

Minor

**Is this a pilot program?**

No

**Delivery Format:**

Fully Face to Face

Hybrid

**Title of the Program:**

Minor in Leadership in Aging and Health

**Designation: (degree terminology)**

BS with Minor

**Abstract of the proposal:**

The Gerontology minor in Leadership in Aging & Health combines coursework in aging (Gerontology), leadership, and health. This minor allows students to approach the topic of aging from multiple perspectives, making them more versatile professionals. This minor will support any major at Sacramento State. Understanding the aging process with this minor can help design, implement, and lead programs and services that improve health in the aging process and the overall quality of life of older adults, their families, and their care providers.

The Department of Gerontology has partnered with the Black Honors College (BHC) to create a minor that will support their majors and increase the needed diversity of the workforce. The experience of aging can differ significantly based on a person's background. Older adults from marginalized communities may be hesitant to seek help or may mistrust the healthcare system due to past experiences of discrimination. When older adults see themselves represented among the agencies they work with, they feel more comfortable, valued, and understood.

**Briefly describe the program proposal (new or change) and provide a justification:**

This is a variation of the Gerontology Minor that is currently in place. For this minor we are 1) decreasing the number of units of the existing minor, 2) incorporating courses more closely focused on aging, health, and leadership, and 3) working with the BHC to develop a minor to increase students' knowledge of leadership in the aging services network and bring much-needed diversity to the field.

The world's population is aging at an unprecedented rate. According to the World Health Organization, the proportion of people aged 60 and older is expected to double by 2050. This demographic shift has created a growing demand for professionals with expertise in aging and elder care across various fields such as public policy, business and marketing, technology and health care fields.

The aging population in the U.S. is becoming more diverse, but leadership roles in healthcare, social services, and policy that impact aging communities often lack representation from people of color. Black students who understand aging can bring a much-needed perspective to these fields, ensuring that the needs of Black elders are considered and addressed. Black communities face significant health disparities that affect aging, including higher rates of chronic diseases (like hypertension, diabetes, and heart disease). Knowledge of leadership in aging equips Black students to advocate for and implement programs that reduce these disparities and improve healthcare outcomes for older Black adults.

Leadership in aging also involves understanding how to support intergenerational learning. Black students can play a role in facilitating the transfer of wisdom and cultural heritage from elders to younger generations, helping to preserve cultural identity and strengthen community resilience.

All students in the BHC who are admitted as transfer, sophomore, and junior are required to pursue a Minor. Students who are admitted as Incoming First Year students can also enroll in a minor if they so choose. Each Spring we anticipate admitting at least 80 students who need to satisfy this requirement.

**University Learning Goals**

**Undergraduate Learning Goals:**

Competence in the disciplines

Knowledge of human cultures and the physical and natural world  
 Intellectual and practical skills  
 Personal and social responsibility  
 Integrative learning

**Program Learning Outcomes**

**Program Learning Outcomes**

**Learning Outcome**

1. Relate gerontology concepts and principles to issues within their major field.
2. Explain the intersections of aging and health and how health issues for older adults differ from younger adults.
2. Explain ageism within their major field of study.
3. Generate techniques to dispel ageism and age-based discrimination.
4. Model basic leadership skills as applied to aging and health.

**Learning Outcomes Display**

| Course Code | PLO 1 | PLO 2 | PLO 3 | PLO 4 | PLO 5 |
|-------------|-------|-------|-------|-------|-------|
| GERO 101    |       |       |       |       |       |
| GERO 103    |       |       |       |       |       |
| GERO 122    |       |       |       |       |       |
| GERO 131    |       |       |       |       |       |
| HONR 150    |       |       |       |       |       |
| GERO 125    |       |       |       |       |       |

Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

No

Catalog Description:

**Program Description**

Units required for Minor: 15

The Leadership in Aging & Health minor consists of 12 units of gerontology and 3 units of leadership courses addressing the changing health needs of older adults while examining direct service, public policy and advocacy roles in working with Older Adults, their caregivers, and families.

**Admission Requirements:** Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.

**Admission Requirements**

Students need 45 units or higher to take upper-division courses.

**Program Requirements:** (If new courses are being created as part of a new program, it will be useful to propose courses first.)

**Program Requirements**

| Code  | Title   | Units |
|---|---|-------|
| <b>REQUIRED COURSES (15 Units)</b>                  |   |       |
| GERO 101  | Older Adult Services and Strategies                         | 3     |
| GERO 103  | Applied Care Management in Gerontological Practice          | 3     |
| GERO 122  | Interprofessional Approaches to Health Care in Older Adults | 3     |
| GERO 131  | Gerontology Capstone Practicum                              | 3     |
| <b>Select One Leadership Course Below (3 units)</b> |   |       |
| HONR 150  | Leadership Seminar  | 3     |

**Total Units**

**15**

**Attach the results of a formal survey in the geographical area to be served indicating demand for individuals who have earned the proposed degree and evidence of serious student interest in majoring in the proposed program:**

Survey Request from Courseleaf.docx

**Provide justification for any discrepancies between national/statewide/professional manpower surveys and local findings:**

Not needed as a minor.

**For graduate programs, the number of declared undergraduate major and the degree production over the preceding years of the corresponding baccalaureate program:**

N/A

**Professional uses of the proposed degree major program:**

N/A

**The expected number of majors in:**

**1st Year Enrollment:**

25

**3rd Year Enrollment:**

40

**5th Year Enrollment:**

90

**1st Year Graduates:**

0

**3rd Year Graduates:**

0

**5th Year Graduates:**

0

**Please attach any additional files not requested above:**

consultation with HNRS 150.docx

**Reviewer Comments:**

Emily Wickelgren (wickelgr) (Thu, 17 Oct 2024 19:31:07 GMT): Rollback: See email on 10/17/24

Key: 582