#### 1

# **BS IN SUBSTANCE USE & ABUSE STUDIES**



# In Workflow

- 1. GPSE Chair (gcowan@csus.edu)
- 2. ED College Committee Chair (b.rivas@csus.edu; l.banes@csus.edu)
- 3. ED Dean (sarah.jouganatos@csus.edu)
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- 10. President (khtudor@csus.edu)
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- 16. Registrar's Office (k.mcfarland@csus.edu)

# **Approval Path**

- 1. Fri, 30 Aug 2024 19:26:33 GMT Geni Cowan (gcowan): Approved for GPSE Chair
- Thu, 12 Sep 2024 22:15:37 GMT Bita Rivas (b.rivas): Approved for ED College Committee Chair
- Mon, 16 Sep 2024 19:14:20 GMT Greg Shaw (sac14077): Approved for ED Dean

## **New Program Proposal**

Date Submitted: Fri, 30 Aug 2024 18:40:26 GMT

Viewing: BS in Substance Use & Abuse Studies Last edit: Tue, 24 Sep 2024 19:34:48 GMT Changes proposed by: Bita Rivas (223000752)

Academic Group: (College)

Education

Academic Organization: (Department)
Graduate Professional Studies in Education

# Catalog Year Effective: 2025-2026 Catalog

NOTE: This degree major program will be subject to program review evaluation within six years after implementation.

#### Individual(s) primarily responsible for drafting the proposed degree major program:

Name (First Last)	Email	Phone 999-999-9999
Susan Wycoff	wycoffs@csus.edu	+1 916/278-5533
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#### Type of Program Proposal:

Major

Is this a pilot program?

Nο

**Delivery Format:** 

Hybrid

Does this major plan to include any formal options, concentrations, or special emphases?

No

Title of the Program:

BS in Substance Use & Abuse Studies

Designation: (degree terminology)

**Bachelor of Science** 

#### Abstract of the proposal:

The Counseling program, located in the Graduate and Professional Studies in Education's College of Education, is proposing a Bachelor of Science degree in Substance Use and Addiction Studies that would lead to a substance use certificate option upon completion. We plan to integrate the undergraduate courses with the required curriculum and fieldwork that would make students eligible to apply for the Substance Use Disorder Certified Counselor certification in California through the Department of Health Care Services National Commission for Certifying Agencies (NCCA) accredited organizations that register and certify alcohol and other drug counselors in California. We also plan to apply for accreditation through the California Association for Drug and Alcohol Education (CAADE) for which our courses will be aligned and this will allow us to build a professional addiction services workforce.

The current national and state data reflects the demand for a competent and trained workforce of behavioral health and addiction counselors; estimating that the job outlook for addiction counselors is expected to grow faster than the 3-percent average for all occupations with 42,000 openings projected annually over the next decade (U.S. Bureau of Labor Statistics, 2024a; 2024b). Because employment as an addictions counselor requires the education and supervised training be completed in an accredited addiction studies program in higher education (California's Health and Safety Codes, 2023; Center for Substance Abuse Treatment, 2017a), we plan to seek accreditation with the California Association for Alcohol/Drug Educators ([CAADE], 2023). Successful completion of an accredited degree program makes alumni from this major eligible to register for CAADE's Career Track Certification with the Addiction Counselor Certification Board of California (ACCBC), the state regulatory agency responsible for certifying, examining, and enforcing the professional standards required to become a Certified Addiction Treatment Counselor (CATC). This field study course aligns with the nationally recognized competency-based addiction counseling curriculum (Center for Substance Abuse Treatment, 2017a; SAMHSA, 2021).

#### Briefly describe the program proposal (new or change) and provide a justification:

The rationale for the initiation of this degree program is twofold: first, there is a mental health and addiction crisis that this degree program will prepare graduates to address; and second, the degree program will prepare students to be successful in our current Master of Science degree in Counseling programs and can serve as a feeder to our graduate program. This new degree program will support workforce development by providing trained baccalaureate addition professionals to support the addiction need in Sacramento and California. We plan to embed the state requirements for substance providers to support students in seeking a certification that will allow them to work in the addiction field thus creating a professional addiction workforce to support the need in Sacramento all while gathering experience necessary for application to graduate school. This undergraduate training program will serve as a feeder for our Master of Science in Counseling program but would also prepare students for graduate programs in behavioral health, which is necessary to intervene with co-occurring disorders (e.g. mental health and substance disorders). Developing an undergraduate degree program will support the quality of the master's degree applicants as students will have better training and insight into Counseling and can integrate within our Center for Counseling and Diagnostic Services to expand our mental health support to the community.

We have developed twelve new courses, are using three psychology courses, and our counseling minor educ courses, (with one identified social work course cross) listed that make up the degree program, all of which are aligned with the requirements for certification of substance use in California. This has been with extension consultation with the psychology and social work departments and corresponding colleges, and courses used have been approved by those departments.

# **University Learning Goals**

### **Undergraduate Learning Goals:**

Competence in the disciplines Knowledge of human cultures and the physical and natural world Intellectual and practical skills Personal and social responsibility Integrative learning

# **Program Learning Outcomes**

#### **Program Learning Outcomes**

#### **Learning Outcome**

Analyze how cultural, social, and lifestyle factors influence substance use and develop culturally sensitive intervention strategies. Utilize theories of personality, human development, and motivation to assess and address substance use in individuals.

Evaluate the impact of family roles and dynamics on substance use and incorporate family-based approaches in treatment plans.

Design and apply appropriate treatment modalities based on client needs, including trauma informed interventions.

Analyze the physiological effects of alcohol and drugs on the body and apply this knowledge to treatment and treatment planning. Implement legal and ethical guidelines in all aspects of substance use counseling.

Create individualized treatment and aftercare plans, including relapse prevention strategies, based on thorough client assessment. Apply effective counseling techniques to address substance use in individual, group, and family therapy contexts.

Apply theoretical knowledge in supervised field study, reflecting on experiences to enhance professional skills.

## **Learning Outcomes Display**

Course Code	PLO 1		PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9
	Freshman Year								
PSYC 2		<b>C</b> o							
EDC 30									
EDC 40									
				Sophom	ore Year				
EDC 50									
EDC 60									
				Junior and	Senior Years				
EDC 100									
EDC 110									
EDC 115									
PSYC 117					<b>C</b>				
EDC 120									
EDC 140									
EDUC 156	<b>C</b>								
EDC 158									
PSYC 168							•		

EDC 169					
EDC 170					

Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?

NΙΛ

#### Please attach a Comprehensive Program Assessment Plan (required)

BS SUD\_Program-Assessment-Plan-Template.docx

#### Please attach a Curriculum Map Matrix (required)

Curriculum Map Matrix Proposed Major Substance Use and Abuse Studies.docx

#### Please attach a five-year budget projection (required)

5-year-budget-template-BS SUD.xls

#### Please attach the Smart Planner roadmap:

ROADMAP N=3 FT PT Freshman ADT GE Req(1).docx

#### **Catalog Description:**

# **Program Description**

Units required for Major: 48 Total units required for BS: 120

The Substance Use & Abuse Studies program at California State University, Sacramento, offers an interdisciplinary curriculum designed to equip students with the knowledge and skills needed to address the complex issues related to substance use and abuse. The program focuses on understanding the social, cultural, psychological, and biological factors that contribute to substance use disorders and equips students with the tools necessary for effective prevention, intervention, and treatment in substance use.

Students will explore a range of topics including addiction theory, pharmacology, treatment modalities, counseling techniques, and the impact of substance abuse on families and communities. Through coursework and practical experiences, such as internships and fieldwork, students will gain hands-on experience in assessing and addressing substance use disorders in diverse populations.

Graduates of this program will be prepared for careers in substance abuse counseling and related fields, as well as for advanced studies. The program also emphasizes ethical practice, cultural competence, and the importance of personal and professional growth.

Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.

# **Minimum Grade Requirement**

A minimum grade of "C-" is required in all courses required for the B.S. in Substance Use and Abuse Studies.

Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)

# **Program Requirements**

Freshman Year		Units
PSYC 2	Introductory Psychology	3
EDC 30	Course EDC 30 Not Found	3
EDC 40	Course EDC 40 Not Found	3
	Units	9
Sophomore Year		
EDC 50	Course EDC 50 Not Found	3
EDC 60	Course EDC 60 Not Found	3
	Units	6
Junior and Senior Years		
EDC 100	Course EDC 100 Not Found	3
EDC 110	Course EDC 110 Not Found	3
EDC 115	Course EDC 115 Not Found	3
PSYC 117	Drugs and Behavior	3
EDC 120	Course EDC 120 Not Found	3
EDC 140	Course EDC 140 Not Found	3
EDUC 156	Power, Privilege and Self Identity in Counseling	3
EDC 158	Course EDC 158 Not Found	3
PSYC 168	Abnormal Psychology	3
EDC 169	Course EDC 169 Not Found	3

EDC 170	Course EDC 170 Not Found	3
	Units	33
	Total Units	48

#### Explanation of special characteristics of the proposed degree major program; e.g., in terminology, units of credit required, types of course work, etc.:

the final year will require that students accrue experience, under supervision, on site so our EDC 169 and EDC 170 are seminar and field experience courses for which they will gain those required hours for certification.

#### For undergraduate programs, provisions for articulation of the proposed major with community college programs:

The undergraduate program can also partner with the American River College (ARC) to offer a transfer for their students that complete ARC's associate program in Chemical Dependency Studies in addition to other Los Rios Community College with similar programs.

## Will this program require specialized accreditation?

Will this program require accreditation?

Yes

Anticipated date of accreditation request: (limited to 20 words)

#### Provision for meeting specialized accreditation requirements, where applicable:

We also plan to apply for accreditation through the California Association for Drug and Alcohol Education (CAADE) for which our courses will be aligned and this will allow us to build a professional addiction services workforce. The CAADE application is \$500.

## **Need for the Proposed Degree Major Program**

Is the proposed degree program offerred at any California State University campus or any neighboring institutions? No

Attach the results of a formal survey in the geographical area to be served indicating demand for individuals who have earned the proposed degree and evidence of serious student interest in majoring in the proposed program:

SUD needs.docx

COE-MBH\_Workforce-Needs-Assessment-web\_FINALXO\_Corrected\_March\_22.pdf

For graduate programs, the number of declared undergraduate major and the degree production over the preceding years of the corresponding baccalaureate program:

#### Professional uses of the proposed degree major program:

Graduates will be eligible to apply for the Substance Use Disorder Certified Counselor certification in California through the Department of Health Care Services National Commission for Certifying Agencies (NCCA) accredited organizations that register and certify alcohol and other drug counselors in California. This allows graduates to work in the addiction field with the appropriate training and certification.

## The expected number of majors in:

1st Year Enrollment:
30
<b>3rd Year Enrollment:</b>
60
5th Year Enrollment:
75
1st Year Graduates:

3rd Year Graduates:

5th Year Graduates:

70

# **Existing Support Resources for the Proposed Degree Major Program**

List faculty members, with rank, appointment status, highest degree earned, date and field of highest degree, and professional experience (including publications if the proposal is for a graduate degree), who would teach in the proposed program:

	•		• ,		
Name	Rank	Appointment Status	Highest Degree Earned	Year of Highest Degree Earned (YYYY)	Publications/Professional Experience
Ebony Williams	Associate Professor	Full Time	Doctorate	2006	Currently teaches our counseling minor and MS counseling courses.
Susan Wycoff	Professor	Full Time	Doctorate	1994	currently teaching our counseling minor and MS counseling courses.
Bailey Luke	Lecturer	Part Time	Masters	2022	Currently teaching SUD courses at Los Rios and teaches MS Counseling and psychology courses at CSUS. Has the educational training in chemical dependency from Los Rios, and holds a clinical license.
					Will complete her doctorate, Ph.D in Counselor Education and Supervision at Walden University. Expected Graduation May 2025.
Jessica Moreno	Associate Professor	Full Time	Doctorate	2014	Currently teaches MS Counseling courses, holds a clinical license.
Jeff Calton	Professor	Full Time	Doctorate	1993	teaches the EDC 117: Drugs and Behavior course. Has experience clinical and in substance use disorders as a specialization. He will teach this fundamental course in this new program.
Sharon Flicker	Associate Professor	Full Time	Doctorate	2004	Teaches the EDC 168 diagnosis course and has clinical license.
Phillip Akutsu	Professor	Full Time	Doctorate	1990	teaches the PSYC 168: Diagnosis course and has a clinical license.

Space and facilities that would be used in support of the proposed program: Show how this space is currently used and what alternate arrangements, if any, will be made for the current occupants.

we will use existing space, and this program is hybrid which will not need anymore space than the current resources we are using now.

Library resources to support the program, specified by subject areas, volume count, periodical holdings, etc.:

we will not need any new library resources outside current existing resources

Equipment and other specialized materials currently available:

n/a

#### Additional Support Resources Required

Enrollment and faculty positions should be shown for all discipline categories which will increase because of the new program and for all discipline categories which will decrease because of the new program. If faculty positions are to be transferred into the new program from other areas, the reductions in faculty positions should be shown on the appropriate discipline category or categories: While we are using existing courses, the psychology courses required may necessitate more sections over time.

Any special characteristics of the additional faculty or staff support positions needed to implement the proposed program: currently, we have the faculty and lecturers needed for the proposed program.

The amount of additional lecture and/or laboratory space required to initiate and sustain the program over the next five years: Indicate any additional special facilities that will be required. If the space is under construction, what is the projected occupancy date? If the space is planned, indicate campus wide priority of the facility, capital outlay program priority, and projected date of occupancy.

no new requirements will be needed, the program will be hybrid.

Additional library resources needed: Indicate the commitment of the campus to purchase or borrow through interlibrary loan these additional resources.

no new resources needed, we will be utilizing existing library resources.

Additional equipment or specialized materials that will be 1) needed to implement the program and 2) needed during the first two years after initiation: Indicate source of funds and priority to secure these resource needs.

n/a

Please attach any additional files not requested above:

CONSULTATION WITH PSYCHOLOGY AND SOCIAL WORK.docx

#### **Reviewer Comments:**

Amy Wallace (amy.wallace) (Fri, 30 Aug 2024 19:07:11 GMT): Degree was originally projected and approved as BS Rehabilitation Services. We have CO approval to proceed without another projection with narrower scope and must note the campus approved title change when we submit for CO/WSCUC Approval.

Key: 581