

# HLTH 175: NEURODIVERSITY

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## In Workflow

1. HHS College Committee Chair (heather.thompson@csus.edu)
2. HHS Dean (sac19804@csus.edu)
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7. Catalog Editor (catalog@csus.edu)
8. Registrar's Office (k.mcfarland@csus.edu)
9. PeopleSoft (PeopleSoft@csus.edu)

## Approval Path

1. Tue, 14 May 2024 23:36:31 GMT  
Heather Thompson (heather.thompson): Approved for HHS College Committee Chair
2. Wed, 15 May 2024 00:15:53 GMT  
Robert Pieretti (sac19804): Approved for HHS Dean

## New Course Proposal

Date Submitted: Thu, 02 May 2024 15:38:19 GMT

**Viewing: HLTH 175 : Neurodiversity**

**Last edit: Thu, 02 May 2024 15:38:18 GMT**

Changes proposed by: Andrea Becker (101053364)

**Contact(s):**

Name (First Last)	Email	Phone 999-999-9999
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**Catalog Title:**

Neurodiversity

**Class Schedule Title:**

Neurodiversity

**Academic Group: (College)**

HHS - Health & Human Services

**Academic Organization: (Department)**

Health & Human Services

**Will this course be offered through the College of Continuing Education (CCE)?**

No

**Catalog Year Effective:**

Spring 2025 (2025/2026 Catalog)

**Subject Area: (prefix)**

HLTH - Health

**Catalog Number: (course number)**

175

**Course ID: (For administrative use only.)**

TBD

**Units:**

3

**Is the only purpose of this change to update the term typically offered or the enforcement of existing requisites at registration?**

No

**In what term(s) will this course typically be offered?**

Fall, Spring

**Does this course require a room for its final exam?**

Yes, final exam requires a room

**Does this course replace an existing experimental course?**

Yes

**This course replaces the following experimental course:**

HLTH 196N - Neurodiversity

**This course complies with the credit hour policy:**

Yes

**Justification for course proposal:**

Neurodiverse conditions encompass a wide range of neurological differences such as Autism Spectrum Disorder, Attention-Deficit/Hyperactivity Disorder, Dyslexia, Dyspraxia, and various mood disorders. Multiple resources suggest that 15-20% of the population exhibits some form of a neurodiverse condition. According to the CDC, for example, 1 in 44 children were identified with Autism Spectrum Disorder. The purpose of this course is to address important personal, social, and ethical considerations, and develop students' awareness and understanding to help foster empathy and inclusivity in their current lives and future places of employment. The current proposed course (HLTH 175) is distinct from CSAD 142 - Topics in Autism Spectrum Disorders, in that it specifically covers topics around neurodiversity and workplace equity. Further, HLTH 175 would be open to both majors and non-majors (while CSAD 142 is open to CSAD majors only). HLTH 175 course proposal supported by Chair of CSAD.

**Course Description: (Not to exceed 90 words and language should conform to catalog copy.)**

All humans are neurodiverse, which means that each of us has a unique neurology or set of brain wiring. Recognizing and embracing neurodiversity is essential for fostering inclusivity, creativity, productivity, and equity in the work environment. This course is designed to provide students with an understanding of neurodiversity, its various facets, and how it relates to the modern professional landscape.

**Are one or more field trips required with this course?**

No

**Fee Course?**

No

**Is this course designated as Service Learning?**

No

**Is this course designated as Curricular Community Engaged Learning?**

No

**Does this course require safety training?**

No

**Does this course require personal protective equipment (PPE)?**

No

**Does this course have prerequisites?**

No

**Does this course have corequisites?**

No

**Graded:**

Letter

**Approval required for enrollment?**

No Approval Required

**Course Component(s) and Classification(s):**

Lecture

**Lecture Classification**

CS#02 - Lecture/Discussion (K-factor=1WTU per unit)

**Lecture Units**

3

**Is this a paired course?**

No

**Is this course crosslisted?**

No

**Can this course be repeated for credit?**

No

**Can the course be taken for credit more than once during the same term?**

No

**Description of the Expected Learning Outcomes and Assessment Strategies:**

List the Expected Learning Outcomes and their accompanying Assessment Strategies (e.g., portfolios, examinations, performances, pre-and post-tests, conferences with students, student papers). Click the plus sign to add a new row.

	Expected Learning Outcome	Assessment Strategies
1	Define the concept of neurodiversity and natural variations of the human brain.	Assignments Class Participation Exams
2	Describe the spectrum of neurodiverse conditions such as Autism, ADHD, and Dyslexia, as well as how individuals with the same diagnosis can have very different experiences and needs.	Assignments Class Participation Exams
3	Discuss the emerging best practices in health care delivery for neurodiverse populations.	Assignments Class Participation Exams
4	Discuss the emerging best practices in workplace integration for neurodiverse populations, including hiring initiatives, creating a friendly workplace, and maximizing retention.	Assignments Class Participation Exams
5	Critically examine independent living challenges in neurodiverse populations by generating at least three solutions for addressing.	Assignments Class Participation Exams
6	Critically examine co-morbidities by generating at least three approaches, including pharmacological, to address.	Assignments Class Participation Exams

**Attach a list of the required/recommended course readings and activities:**

HLTH\_175\_Neurodiversity.pdf

**For whom is this course being developed?**

Majors in the Dept  
Majors of other Depts

**Is this course required in a degree program (major, minor, graduate degree, certificate?)**

No

**Does the proposed change or addition cause a significant increase in the use of College or University resources (lab room, computer)?**

No

**Will there be any departments affected by this proposed course?**

No

**I/we as the author(s) of this course proposal agree to provide a new or updated accessibility checklist to the Dean's office prior to the semester when this course is taught utilizing the changes proposed here.**

I/we agree

**Attach Accessibility Checklist: (Optional at submission. Fulfills requirement to file with Dean's office.)**

HLTH\_175\_Course-accessibility-checklist.pdf

## **University Learning Goals**

### **Undergraduate Learning Goals:**

Competence in the disciplines  
Knowledge of human cultures and the physical and natural world  
Intellectual and practical skills  
Personal and social responsibility  
Integrative learning

**Is this course required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

## **GE Course and GE Goal(s)**

**Is this a General Education (GE) course or is it being considered for GE?**

No

Key: 15134